



ICARE EYE HOSPITAL AND POST
GRADUATE INSTITUTE



MESSAGE FROM CHAIRPERSON



It is with great pleasure I commend this Silver Jubilee annual report to all our stakeholders. I am extremely proud to be associated and lead ISHWAR Charitable Trust as Chairperson. In the last 25 Years 37,69,353 eye screenings & 2,88,054 Surgeries were performed.

Last financial year ICARE performed 24,612 Surgeries and 2,83,775 eye screenings. During this period 1105 Charitable camps were held, 25 CSR Projects with Industry (J&J, DS Group, IGL, Oil India, BSES etc). Our outreach programme covers a distance of almost 200 Km (from our Base in NOIDA) our long term partnerships with Sight Savers & HelpAge India continues to strengthen.

This year has seen extensive renovation, at our main Hospital in Sec 26, supported by a generous donation by Dr. Kusum Sahgal & Mr. Viney Sahgal, we commenced renovation of the old mud block which will make it a state of the art Charitable Wing. We started construction in partnership with NTPC for a new charitable Centre in Dadri (UP), renovation of our Khurja Centre (in partnership with Rotary Club Khurja) has commenced. A Centre at Sevika Hospital, in Sawai Madhopur was opened & a Vision Centre with Sight Savers India in Faridabad.

I wish ICARE the very best, for a long future & excellent growth enabled by our partnerships & support from our large community of stakeholders.

- Mr. Arjun Malhotra

**MESSAGE FROM
MANAGING TRUSTEE**



We began our silver jubilee year, with a programme of building modernization and continual commitment to Quality improvement by Inducting cutting edge equipment eg. Lipiflow, IOL Master etc. as well as NABH Re Accreditation, for the year we performed 16,243 Charitable Surgeries (Doubling our numbers in a 5 year period) and 1,76,452 Charitable screenings, our DNB programme started in 2003,has seen us train 80 Doctors for their Post Graduation in Ophthalmology.

As we look ahead; a new charitable hospital in western UP , vision centers , larger radius for our outreach programme, which was awarded the FICCI Healthcare Excellence award for 2018.New Partnerships and an increased capacity in our Sec26 Hospital. These centers, are, all planned, to enable ICARE continue its journey for the next 25 Years.

My appreciation, to our Board of Trustees for their perceptive guidance, our ICARE family for their unstinting support in delivering the highest Quality Eye care services,finally, Thank you, to our Volunteer's, patients & Benefactors.

- Dr. Sushil Choudhry



MISSION

ICARE is committed to provide comprehensive quality ophthalmic services of International Standards to all sections of society at an affordable cost

VISION

To excel in comprehensive eye care, education and research

VALUES

To deliver quality, ethical, medical and surgical eye care services.



SILVER JUBLIEE CELEBRATION



The highlight of the year was our Silver Jubilee celebrations, beginning with:

Two Silver Jubilee CME's for Doctors across India.

In October a performance on the Ghatam, by Suresh Vaidyanathan of his composition "mRITTKa "at the India Habitat Centre.

Two plays by the National School of Drama (1)Khamoshi silli silli (2) Ghazab Teri ada

Finally culminating in an enjoyable, energetic, afternoon of cultural performances by our talented ICARE Family at the Indira Gandhi Auditorium in NOIDA.



Our Trustees lighting the lamp



Dr. Saurabh Choudhry, CEO.







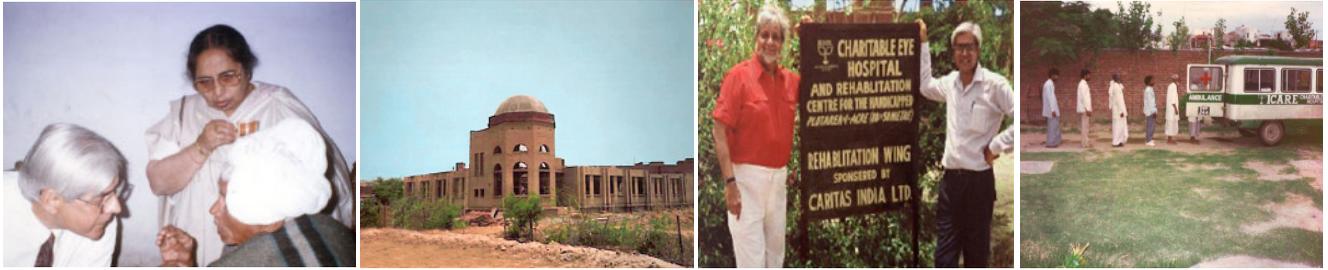
HIGHLIGHTS OF THE YEAR



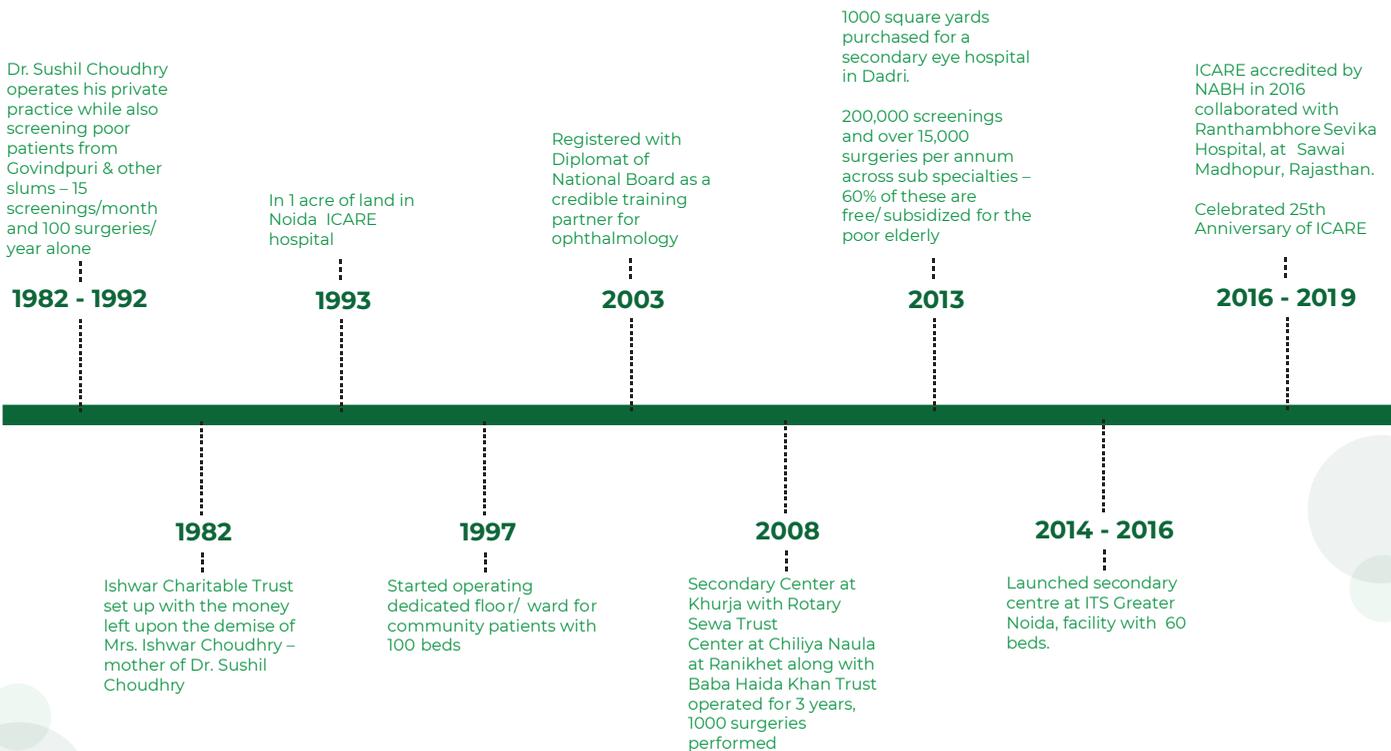
- ICARE Celebrated its Silver Jubilee on 31st October 2018. A week of celebration showcasing the dedication and achievements.
- ICARE was awarded the Best Hospital for its Social Initiatives and its contributions to upliftment of healthcare in rural India, at FICCI Healthcare Excellence Awards 2018.
- Dr.Sushil Choudhry was honoured with the P.Awasthi Award at All India Ophthalmology Conference (AIOC) 2019 for his contribution in the Community Ophthalmology, for reducing/eradicate blindness in the country
- National Accreditation Board for Hospitals & Healthcare Providers (NABH) Audit successfully completed in the month of March 2019.
- ICARE took over the running of the ophthalmology department at Ranthambhore Sevika Hospital, Sawai Madopur in Rajasthan. It is now a center where regular surgeries are being performed.
- ICARE in collaboration with Sightsavers opened a new Vision Centre at Faridabad.
- New Reception Area became fully functional on March 16th 2019.
- 7 new rural pick-up camps and 4 urban pick-up camps were established and added to the existing ones, taking the rural camps sites to 30.
- Dadari centre established with the help from National Thermal Power Corporation Limited (NTPC) is ready to be inaugurated by end of 2019.
- ICARE is being extensively upgraded with major renovation in both the community and paid section.

ICARE HISTORY

From a modest beginning, in an outhouse clinic where Dr. Sushil Choudhry operated on patients free of cost, he established the Ishwar charitable trust with money from his mother's insurance. ICARE hospital, which was established in 1993, has achieved tremendous recognition. Dr. Sushil Choudhry's vision and dedication to serve the under privileged has made ICARE one of the best eye hospitals and a training centre of excellence in north India.



ICARE EYE HOSPITAL - Our Journey

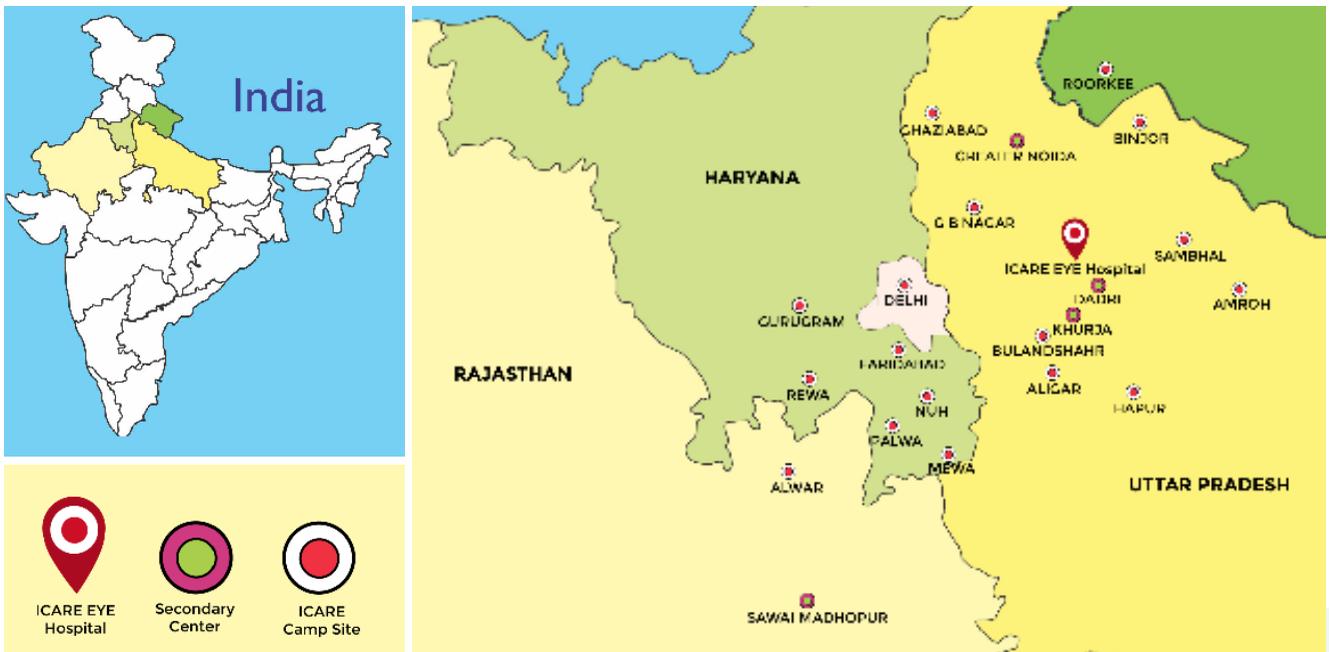


ICARE EYE HOSPITAL - OUR JOURNEY

<p>BASE HOSPITAL</p> <p>Located in Noida, the Base hospital is a Tertiary Eye Care Centre with sub-specialities in all ophthalmic conditions like Cataract, Cornea, Glaucoma Paediatric Oculoplasty, Refractive Surgery and other specialties. We have a capacity of 96 beds in the community wing and 4 in the private wing, which are well occupied through out the year.</p>	<p>SECONDARY HOSPITAL</p> <p>Located in Greater Noida, Khurja and Sevika at Sawai Madhopur, Rajasthan. These centers conduct high volume cataract surgeries on the recommendation of the vision centers and the peripheral centers.</p>
<p>VISION CENTERS</p> <p>We have two vision centers located at Tahirpur and Faridabad. Equipped with dedicated medical & paramedical personnel to create awareness and improve eye health. We identify Patients, those needing surgeries are sent to the Base hospital</p>	<p>PERIPHERAL CENTERS</p> <p>Patients requiring ocular services are identified at these mobile camps across 4 states (Uttar Pradesh, Delhi, Rajasthan and Haryana), reaching more than 150,000+ patients each year through Rural peripheral camps(RPC), covering over 5000 villages.</p>

ICARE EYE HOSPITAL - OUR REACH

TOTAL No. OF CAMPS CONDUCTED IN THE YEAR 18-19 - 1,013
 No. OF PATIENTS SCREENED – 96,506 (THROUGH OUTREACH PROGRAM)





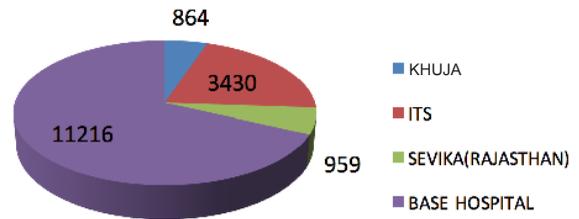
OUTREACH PROGRAM

At ICARE, we have a comprehensive and well planned outreach program, so structured that we reach out to the maximum number of underprivileged population in the states of Rajasthan, Haryana, Uttar Pradesh and slums of Delhi.

Performance Community Wing

Number Of Surgeries - Community Wing

COMMUNITY	
CENTER	NO. OF SURGERIES
Khurja, Uttar Pradesh	864
ITS, Greater Noida	3430
Sevika, Rajasthan	959
Base Hospital, Noida	11216
TOTAL	16469



PATIENT CYCLE



Rural Eye Camp



Patients Requiring Surgery brought to the Base Hospital



Comprehensive Eye Checkup at the Base Camp



Surgery being performed



Meals being served



Being dropped home

CATARACT

The cataract surgery department at ICARE is one of the most advanced centers in the country equipped with latest technology like the Catalys for Robotic laser assisted cataract surgery along with advanced phacoemulsification systems like the Centurion, Infiniti from Alcon, Signature from Abbott and Stellaris from Bausch & Lomb. Our team of highly qualified and skilled senior surgeons performed 20236 cataract surgeries in the year 2018-19, one of the highest in North India.

Cataract has been documented to be the most common cause of treatable blindness in India. More than 1 million cases are diagnosed in India every year. ICARE is committed to contribute significantly in eradication of blindness in India.



CORNEA

Cornea services at ICARE has three well trained and experienced specialists. The department is aided by a well-equipped eye bank which is the only eye bank in Noida . A tear science lab is being established at ICARE which can diagnose and treat all types of ocular surface disorders including dry eyes. It has the latest technology in diagnostics such as the Lipiview and the latest treatment modality Lipiflow.

Advanced diagnostic tools like the Pentacam, Orbscan, Specular microscope and iTrace help diagnosis various corneal disorders. Highly specialized corneal surgeries including corneal transplantation, Femto Laser assisted corneal procedures are effectively performed by the corneal team. Autologous stem cell transplantation procedures such as simple limbal stem cell transplantation is also being done by our trained surgeons



GLAUCOMA

Glaucoma department at ICARE is one of the largest in the region with a dedicated floor to it and 5 qualified glaucoma specialists. The glaucoma diagnostic laboratory is equipped with state-of-the-art equipment to diagnose the earliest signs of glaucoma in suspected patients.

The newer advanced computerized techniques and software not only help diagnose the disease but it also charts the progression of the condition thus helping in choosing the most appropriate treatment. Patients are treated with the newest laser and surgical techniques, as well as drug therapies available.



RETINA @ ICARE

Retina @ ICARE is served by 5 full time trained specialists and high end equipments to diagnose myriad disorders of retina and uvea. In the last year we have upgraded to the cutting-edge Real-time Video based retinal camera allowing angiography to get greater insight into the retinal disease process. The OCT machine allows high resolution images (3-5 microns) of the retina as if it is being viewed under a microscope. Apart from these, as an institution we also have equipments that are useful to diagnose rarer diseases such as high-resolution ultrasound (UBM) and Electrophysiology unit and thus we serve as a referral for general ophthalmologists. Lasers allow treatment of many retinal diseases especially in diabetics and retinal diseases of premature infants which can cause rapid blindness if untreated.

Our surgical equipment has the technology that allows fast, stitch less surgery and bimanual dissection paramount to handling difficult cases such as advanced diabetic retinopathy, complex retinal detachments, trauma cases and surgery in infants.





KIDS VISION CLUB @ ICARE



At our Kids vision club a team of highly qualified and experienced pediatric ophthalmologists and optometrists deal with an entire spectrum of pediatric eye diseases ranging from refractive errors to eye tumours. We have added a Myopia clinic which offers newer treatments with drops and special OrthoK lenses for control of myopia progression and its non-surgical correction. Our team has also extended services to many multispecialty hospitals to screen preterm children for ROP (Retinopathy of Prematurity) which can prevent avoidable blindness in these children if detected and managed timely.



OCULOPLASTY AND OCULAR ONCOLOGY

The Oculoplasty department at ICARE deals with diseases affecting structures around the eye including the lids, tear system and bony orbit which are vital to the normal appearance and function of our eyes. We offer medical and surgical treatments for disorders ranging from cosmetic blemishes to complex sight threatening ocular tumours and infections. Botox treatment is offered for spasms or facial wrinkles around the eyes on outpatient basis.



REFRACTIVE SERVICES

ICARE has been offering refractive services since last 10 years and has become a name you can trust in the field of laser vision correction. With a team of experienced refractive surgeons, latest LASIK machine and the blade free Femto LASIK platform we have been performing successful surgeries even in complex cases to provide optimal results. We offer multiple types of laser vision correction, including custom LASIK, custom PRK, Blade free all laser Femto LASIK and Phakic IOLs.



VISION THERAPY CLINIC

Vision therapy is a treatment offered to people with lazy eye (Amblyopia), digital vision syndrome and other eye muscle imbalances. It is a safe, drug-free, effective method to restore vision in cases of amblyopia, both in children and adults. It is estimated that 1 in 10 children have vision problems severe enough to affect their learning at school. At ICARE we have a team who specializes in vision therapy using therapeutic lenses, prisms, filters, occluders or patches. Vision therapy is also delivered using latest software which uses electronic targets and balance boards to help patients attain a clear vision over time.



ELECTROPHYSIOLOGY

The primary objective of the electro physiological examination is to assess the function of the visual pathway from the photoreceptors of the retina to the visual cortex of the brain. Electro physiological testing is useful in diagnosing a variety of inherited retinal and optic nerve diseases. We at ICARE are equipped with the latest equipment and trained staff to conduct these complex procedures. These tests help to diagnose patients with loss of vision without any detectable cause, especially in retinal diseases and diseases involving the visual pathways.



QUALITY

- New NABH - ECO (Eye Care Organization) standards maintained for the third consecutive year.
- ICARE NABH team were Instructors for the AIOS 2018 , Technical Skills Transfer Programme in Indore, in October 2018
- Mr. Mitul R Patel went to the BSI Group International as Senior Assessor for CII-EXIM Bank for business excellence



Mr. Mitul Patel at British Standards Institution (BSI) as an assessor

Mr. Mitul Patel, General Manager at ICARE assessor for a quality award "CII-Exim Bank award for Business excellence" based on the European Foundation for Quality Management 2013 model to British Standards Institution 2018.



ICARE is a National Accreditation Board for Hospitals & Healthcare Providers certified hospital. An Accreditation valid for 3 years, until March 2019.



Mr. Mitul Patel and Dr. Swati Nagar at TSTC (Technical skills transfer course) program in Indore as instructors at AIOS



ICARE NABH Team with the External Auditor

TRAINING

At ICARE we believe that Training is an ongoing process both on the job and in the training room. We have a strong training team who is continuously working towards ensuring that our staff is focused and trained to provide quality service to all the patients. Our staff undergoes training on the job through mentoring, classroom training with emphasis on soft skills, fire fighting and basic life support training etc. In the last financial year we conducted 196 internal training sessions for the staff.



Refraction Training by
Ms. Yogeshwari Bansal



Fire Fighting Training by
Mr. Vinod Bhardawaj



Basic Life Support Training by
Dr. Alok Johri

ICARE has been associated with Diplomats of National Board (DNB) under the aegis of National Board of Examinations (NBE) for the last 15 years. DNB was established as an autonomous academic body established in 1975 under the Ministry of Health and Family Welfare, Government of India. In the year 18-19, we had 6 primary and 4 secondary DNB students.

Short term Phacoemulsification Training Program is a two week training course. This training is done in association with ALCON Surgical. The training involves Surgical procedures for cataract, and Theory classes that cover topics such as surgical techniques, complication management, Patient selection and post surgical management. The trainees are exposed to Practical Biometry and Wet Lab training on Goat's Eyes.

ALCON TRAINING PROGRAMME

INDIAN AND OVERSEAS OPHTHALS - 45

ICARE CONSULTANTS - 3



Wet Lab Training

We are training 3 Fellows in General Ophthalmology and Cataract

PUBLICATION

PUBLICATIONS BY ICARE FACULTY (APRIL 2018-MARCH 2019)

JOURNAL / MAGAZINE	MONTH	FACULTY	TOPIC
INDIAN JOURNAL OF OPHTHALMOLOGY - IJO	Jun-18	Dr. Saurabh Choudhry	Anterior Segment Optical Coherence
		Dr. Neha Goel	Tomography of Intraocular Lens Opacification
		Dr. Anchal Mehta	
	Jul-18	Dr. Karshik Tripathi Dr. Sahana Mazumdar Dr. Bashe.	Central Retinal Arterial Occlusion in patient with Psoriasis/Gangrenosum
	Aug-18	Dr. Karshik Tripathi Dr. Bashe, Dr. Sahana Mazumdar	Commentary: Inner Retinal Excitation in Turpule Maculopathy and Grouped type 3 lesions in Optical Coherence Tomography
	Dec-18	Dr. Neha Goel	Congenital Macular vessel in patient with Rhegmatogenous Retinal Detachment
	Jan-19	Dr. Uma Sridhar Dr. Karshik Tripathi	Optical Coherence Tomography of Intraocular Lens Glatering
	Mar-19	Dr. Neha Goel	Vitreal Haemorrhage as the presenting feature of peripheral exudative Haemorrhagic Choroidopathy in Indian eyes
DELHI OPHTHALMOLOGICAL SOCIETY-DOS	May-June 18	Dr. Neha Goel Dr. Tushar Agrawal Dr. Anchal	Bilateral Endogenous Fungal Endophthalmitis treated with Systemic and Intravitreal Voriconazole
		Dr. Anchal Ms. Anjula Kumari Mr. Satish Kumar Dr. Neha Goel	Electrophysiology in Inherited Retinal Disease
		Dr. Uma Sridhar	Pythium Indisoom – A New Organism on the Block?
OPTOMETRY TODAY	Apr.-June 18	Mrs. Yogeshwar Bansal	Prescription for Glasses in Keratoconus
		Mrs. Yogeshwar Bansal	Progressive Myopia
		Mrs. Yogeshwar Bansal	Low vision assessment and rehabilitation
	July-Sep 18	Ms. Anjula Singh	Ophthalmic examination of children
		Mrs. Yogeshwar Bansal	Amblyopia
		Mrs. Yogeshwar Bansal	Artificial Sleepin
		Ms. Anjula Kumari	Examining a case of Strabismus



RESEARCH

Clinical trials determine the safety and effectiveness of medications, devices, diagnostic products and treatment regimens intended for human use. These may be used for prevention, treatment, diagnosis or for relieving symptoms of a disease. Clinical research is different from clinical practice, it involves predefined protocols. During the trial, investigators recruit subjects with the predetermined characteristics, administer the treatment(s) and collect data on the subjects' health for a defined time period. Participation in clinical trials is totally voluntary for the subject/patient. Clinical research is often conducted at academic medical centers and affiliated research study sites. These centers and sites provide prestige to the academic institution. These academic medical centers often have their internal Institutional Review Boards/Ethics committee that oversees the ethical conduct of medical research and rights safety of study participant.

ICARE Eye Hospital & Postgraduate Institute is running various global clinical trials in various ophthalmological indications by experienced Investigators, and plays a vital role in new drug development globally.

ICARE Eye Hospital & Postgraduate Institute Ethics committee has been registered to Drug Controller General of India (DCGI) till June 2019.

Ethics Committee (IEC) is the committee composed of a group of people (members) who go through the research protocol / proposal and state whether or not it is ethically acceptable.

- **Total No. of ongoing Clinical Trial : 4**
 - **No. of Clinical Trial Approved in Year 2018-19 : 0**
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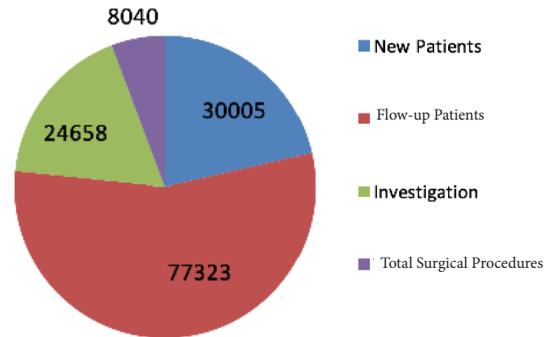
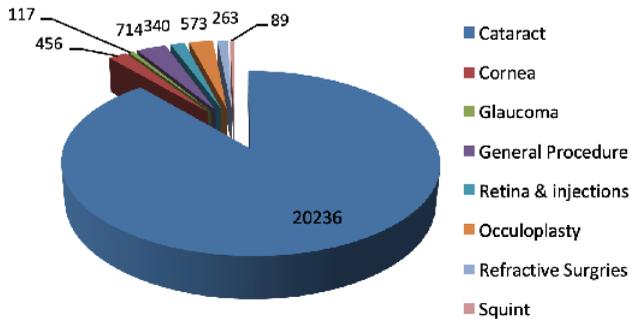


PERFORMANCE



ANALYSIS OF SURGICAL PROCEDURES

PERFORMANCE OF PAID WING



TESTIMONIAL



From: Aigulia Kutmanova

Dear Dr. Saurabh Choudhry,

To: ICARE Eye Hospital

Sector 26, Noida

Our sincere gratitude and appreciation to ICARE Eye Hospital. My parents are from Kyrgyzstan and they are of a senior age. We were lucky to know about ICARE Eye Hospital and to have got treatment from Dr. Reena M. Choudhry. She did the cataract surgery for my father and also treated Glaucoma in my mother's eyes. My father is back to work and the vision of my mother's eye has improved a lot. My mother can now see better and also recognize people – it opened a new world for her. We are very thankful to Dr. Reena. We are also grateful to Dr. Shahana Mazumdar for her efforts to thoroughly review my mother's eyes in the investigation stage.

I am presently posted as Ambassador of India to Niger (located in West Africa) and based in capital Niamey. My 92 years old Mother Smt. Satya Vaish had developed Cataract in both her eyes and since the local medical facilities were not found to be satisfactory, I checked with ICare Hospital regarding conducting of surgical Cataract operation of my Mother. I was contacted by Shri Faraz of ICare who had very kindly fixed appointment dates, etc. in March 2019.

Our special thanks and warm greetings to Mr. Faraz Mirza. He was the first person we spoke to from ICARE and he helped us till we left India. He also helped us with all the paper work including the visa documents and the paperwork in the hospital. He even suggested a hotel and took good care for my parents. We are very impressed by this exceptional attitude.

2. It has been a wonderfully good and pleasant experience to be in touch with Shri Faraz regarding appointments and conduction of surgical treatment of my Mother (MRD 386934). My mother has visited ICare 4 times. We have found that Shri Faraz is not only professionally courteous but he has also coordinated very well and each of our visits went off very smooth. It has been an exceptionally very good experience to have medical treatment of my Mother in the ICare and having officials, like Shri Faraz, in front office certainly makes a larger difference in exposing ICare's excellent and professional good services and best medical care.

We are also thankful to Dr. Sushil Choudhry for the treatment and aid provided by ICARE Eye Hospital. We are grateful for the attention we got from the clinic and for supporting old aged patients. We wish further success to Dr. S.Choudhry and his professional staff in their outstanding work.

3. I wish Shri Faraz and the ICare Hospital Team very best in their professional and personal life.

Warmest Regards,

Thanks and best wishes,

Aigulia Kutmangya and on behalf of my father Zarylbek Kutmanoy and my mom Zhakin Suleimanova and our entire family.

(Rajesh Agarwal)
Ambassador of India to Niger
Embassy of India
Niamey (Niger)



BALANCE SHEET

ISHWAR CHARITABLE TRUST
(Registered Office : C-27, Basement Defence Colony New Delhi-110024)
(Principal Working Place : E - 2A, Sector - 25, Noida - 201301)

BALANCE SHEET AS AT 31ST MARCH, 2019

[All amounts in INR]

Particulars	Schedule No.	As At 31.03.2019	As At 31.03.2018
I. SOURCES OF FUNDS			
1. CAPITAL FUND	1	94,313,105	78,537,305
2. GENERAL RESERVE	1	347,650,143	391,875,535
3. SECURED LOANS	2		
(a) Secured Loans from Banks		409,063	5,575,988
4. CURRENT LIABILITIES & PROVISIONS			
(a) Sundry Creditors	3	35,277,821	37,723,852
(b) Expenses Payable	4	17,782,185	15,498,122
(c) Long Term Provision	8	7,803,838	6,868,753
(d) Short Term Provision	6	374,308	239,600
(e) Others Current Liabilities	7	1,244,695	389,558
TOTAL		504,855,118	436,109,214
II. APPLICATION OF FUNDS			
1. FIXED ASSETS			
Gross Block	8	400,613,374	384,716,604
Less: Depreciation till date		187,502,974	161,040,732
Net Block		213,110,400	193,675,892
Capital Work in Progress		42,998,975	2,592,594
2. NON CURRENT INVESTMENTS			
	9	16,695,034	10,326,702
3. CURRENT ASSETS & LOANS AND ADVANCES			
(a) Current Investments	10	46,286,426	20,754,671
(b) Balance with Banks	11	44,888,295	95,381,175
(c) Cash & Cash equivalents	12	1,100,046	509,524
(d) Sundry Debtors	13	45,476,994	30,240,998
(e) Closing Stock of Consumable, Medicine, IOL & Spectacles	14	33,730,322	25,877,291
(f) Advance Recoverable in Cash or in Kind or for value to be received	15	60,568,727	86,707,368
TOTAL		504,855,118	436,109,214

As per Our Report of Even Date Attached.

Schedules, Significant Accounting Policies and Notes on Financial Statements form an integral part of these Financial Statements.

For Adarsh Sharma & Co.
Chartered Accountants



Adarsh Sharma
Proprietor
Membership No. 082827
FRN-0176618

Place : New Delhi
Date : 03.08.2019



For Ishwar Charitable Trust

For ISHWAR CHARITABLE TRUST



Dr. Sushil Choudhry
Managing Trustee



Dr. Samrath Choudhry
Trustee

UDIN:19082527AAAAC23823

PROUD MOMENTS

Dr.Sushil Choudhry was honored with the P.Awasthi Award for his contribution in the Community Ophthalmology for reducing backlog of blindness in the country. The award was presented by the president of AIOS Prof.S. Natarajan , Dr. Babu Majji (Immediate Past president) and Mr.Sushil Kumar Jiwrajka chairman of Artheon Group of Companies.



On 30th of August 2018, ICARE Eye Hospital was awarded the Best Hospital for our Social Initiatives and contributions in upliftment of the healthcare status in rural India at FICCI Healthcare Excellence Awards 2018.

Dr. Sushil Choudhry was honored by The American Society of Cataract And Refractive Surgery Foundation for his work in providing eye care to the needy and underprivileged.



Dr. Saurabh Choudhry, CEO was a speaker at Key Opinion Leaders Summit, held at Penang, Malaysia on 26th and 27th May 2018.



ICARE took over the running of the ophthalmology department at Ranthambhore Sevikha Hospital. This hospital is located at Vinayak Nagar near Alanpur Circle, Sawai Madhopur, Rajasthan. Our aim is to increase reach out and work together with the hospital team to provide quality healthcare to scores of needy people.

ICARE in collaboration with Sightsavers opened a new Vision Centre under the RAAHI-National Truckers' Eye Health Programme in Transport Nagar Ballabhgarh, Haryana. The truckers were given free eye checkups and spectacles to combat their eye health issues.



Dr. Sushil Choudhry and Dr. Reena Choudhry, COO with the team from **Manos Unidas** inaugurating the equipment for charity wing. They have been our partners since 1993. Their support is deeply appreciated in our mission to eradicate blindness.

IN THE NEWSPAPER



ICARE was awarded Excellence in Health Care Services



Dr.Reena Choudhry, COO spreads awareness about the symptoms of Glaucoma.



Ms.Yogeshwari Bansal spoke about Childhood Low Vision management at CL Gupta Conference held during Glucoma Awareness Week.



Dr. Saurabh Choudhry, CEO wrote an article on the effects of Pollution on the Eye

छह माह की उम्र में आंखों की रोशनी चली गई थी, ग्रेटर नोएडा निवासी बच्ची को स्कूल में दाखिला भी नहीं मिल रहा था

कॉर्निया दान कर चार साल की बच्ची को नई जिंदगी दी

नोएडा | वरिष्ठ संवाददाता

एक व्यक्ति के कॉर्निया दान से चार साल की बच्ची को नई जिंदगी मिली है। छह माह की उम्र में भीमावी के बच्चा दुख्खिन जो गई थी। बच्ची को स्कूल में भी दाखिल नहीं मिला था। अब यह बच्ची ऑपरेशन के बाद देखने लगी है।

ग्रेटर नोएडा निवासी रिकी ने बताया कि यह किराए पर रहती है। उनके तीन बच्चे हैं। इनमें से बेटीमा और एक बेटा है। पिता परिवार की डिमेंटरी में बचने के लिए घर

जीवन यापन अंडे की दुकान लगाकर करती है। उन्होंने बताया कि बेटी छवि जब छह महीने की थी तब उसकी आंखें भीमावी से पीड़ित हो गई थीं। डॉक्टरों ने उसकी आंखों में संक्रमण बताया था। और-पौर उसकी आंखों की रोशनी चली गई। सरकारी अस्पतालों में इलाज के लिए दौड़ भाग की लेकिन कोई फायदा नहीं हुआ।

निजी अस्पताल में इलाज के लिए पैसे नहीं थे। इसके बाद सेप्टेम्बर-26 स्थित आर्किबर अस्पताल में एक परिचित की माला से बच्ची के



बच्ची छवि • सेन्ट्रल

संक्रमण से रोशनी गई थी

नेत्ररोग विशेषज्ञ ने बताया कि संक्रमण के कारण छवि को दोनों आंखों का कॉर्निया खराब हो गया था। पुल्सी सेक्टर दो मई थी और उसकी आंखों की रोशनी चली गई थी। उसकी दाईं आंख में नेत्रदान करने वाले व्यक्ति का कॉर्निया प्रत्यारोपित कर दिया गया है। कुछ समय बाद बाईं आंख का ऑपरेशन भी किया जाएगा। ऑपरेशन निरमुक्त किया गया है।

दान करने वाले कम

अस्पताल के आई बैंक अधिकारी जगदीश शर्मा ने बताया कि वर्ष 2016-17 में 129 कुत्तों का कॉर्निया लिया गया था। ज्यादातर कॉर्निया उसकी से दान हुए हैं। एका में फार्म बने वाले लोगों की तुलना में दान करने वाले दाताओं की संख्या महज दो से तीन फीसदी है। कई परिजन परिवार के सदस्य की मृत्यु के बाद कॉर्निया दान करने से इंकार कर देते हैं।

परिवार की आर्थिक स्थिति कमजोर होने के कारण निरुक्त ऑपरेशन किया। सितंबर के पहले हफ्ते में ऑपरेशन किया गया था, जिसके

अस्पताल के नेत्ररोग विशेषज्ञ डॉ. सुरील चौधरी ने बताया कि एक व्यक्ति ने शायाचर भय था कि मृत्यु के बाद उसकी आंखों का नेत्रदान

सूचना दी, जिसके बाद उसका कॉर्निया निकाल लिया गया। यह कॉर्निया बच्ची को लाया गया है। बच्ची अब सामान्य बच्चों की तरह

Through the outreach programme at ICARE, Chavi, a six year old underprivileged girl from Greater Noida, got her eyesight back free of cost.

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