

ICARE EYE HOSPITAL & POST GRADUATE INSTITUTE

(Unit of Ishwar Charitable Trust)



ANNUAL REPORT

2019-2020

www.icarehospital.org
www.icarecharitablefoundation.org

MESSAGE FROM CHAIRPERSON



With great pleasure we release our annual report for Financial Year 2019-2020, we began the year, half way through our renovation & upgradations work, and ended the year with the looming CoVID-19 Pandemic.

We achieved several landmarks, crossing 3,00,000 Surgeries and 40,00,000 Screenings, inauguration of a new wing in sec 26 & Dadri Centre commenced operations.

For this year we completed 25,065 Surgeries, 291,985 Screenings. Free of cost Surgeries were 16790.

In October we inaugurated the new Paramahansa Yogananda Charity Wing, endowed by Sahgals' Paramahansa Charitable Trust, Mrs (Dr) Kusum Sahgal & Mr Viney Sahgal's generous endowment has enabled our charitable wing to have best in class upgrade for our charitable patients: Daikin VRV AC (Heating and Cooling), Fenesta UPVC windows, Two Thyssen Krupp Lifts additional Rain water pits etc. I invite you all to come and see our new facilities.

Our Dadri Centre NTPC-ICARE Bhajanlal Eye Hospital also began operations. Located in rural area of Nagla Chamroo, Dadri, Uttar Pradesh we have equipped this hospital with state of the art diagnostics and surgical equipments, along with comfortable waiting & recovery areas.

The Outreach programme which extended to 200 Km, was one of the largest in North India, though now with the pandemic, we have reimaged our outreach programme and process' for charitable patients.

I would like to Thank all our Donors, Patients, Dedicated Doctors and staff, who recognise our contribution to society over the last 26 years & continue to support us, now & in the challenging times ahead.

Stay Healthy, Stay Safe.

- Mr. Arjun Malhotra

MESSAGE FROM MANAGING TRUSTEE



We began our new financial year with renewed enthusiasm, receiving NABH Reaccreditation, CII Star ICON Award and two new major Secondary centers (Sec 26 & Dadri), planned for launch this year. The CoVID pandemic at the end of the financial year made us to reinvent our strategy and processes towards conducting community work. I am confident we will prevail in the coming months.

Dr Kusum & Mr Viney Sahgals' generous donation, in building the Paramahansa Yogananda Charity Wing is a first of its kind in India, has enabled us to considerably upgrade our community services, for our patients, who are from the most underprivileged sections of Indian Society.

As our renovation comes to an end, giving us a redesigned reception, workup areas, new optical shop, Pharmacy, radial road inside our campus, new facade, environmentally responsible LED lighting, waterless urinals, water saving devices in Washrooms, additional rain water pits making us ready for the next 25 years.

In keeping with our long term Vision and Mission we have used the latest technology. The hospital this year inducted 23 types of equipment; First in Asia Legion Phaco Machine, New HVF Analysers, Laser machines, Ocular surface analyser (OSA), Lumera Microscope etc as well as upgrading our current investigative equipment.

Our DNB programme has been able to train 74 Ophthalmology Sub Specialty Surgeons, Short Term Phacoemulsification Training programme has trained 539 Indian & 50 Foreign Doctors in the Phaco Technique.

All this could not have been possible without the generous and dedicated service rendered by ICARE Volunteers, Donors and of course our Doctors and Staff.

Stay Safe, Stay Healthy

- Dr. Sushil Choudhry



MISSION

ICARE is committed to provide comprehensive quality ophthalmic services of International Standards to all sections of society at an affordable cost

VISION

To excel in comprehensive eye care, education and research

VALUES

To deliver quality, ethical, medical and surgical eye care services.

2019 - 2020 AT A GLANCE

Surgeries performed 2019-2020		
Paid Wing	8,275	33%
Charity Wing	16,790	67%
Total	25,065	

Patients treated in OPD 2019-2020		
Paid Wing	109,954	38%
Charity Wing	182,031	62%
Total	291,985	

Surgeries performed 1993-2020		
Paid Wing	89,352	29%
Charity Wing	223,722	71%
Total	313,074	

Patients treated in OPD 1993-2020		
Paid Wing	1,383,587	34%
Charity Wing	2,677,751	66%
Total	4,061,338	



CII STAR ICON RECOGNITIONS AWARD

- CII STAR ICON RECOGNITIONS – 2019: The award for “Commitment towards Performance Excellence” was given to ICARE Eye hospital.

- NTPC-ICARE Eye Hospital was inaugurated on 28th February, 2020 by Chief Guest - Mrs. Vijaya Laxmi Murlidharan - Add. GM (HR), NTPC Dadri, Guest of Honour - Dr. A.G Risbood - CMO, NCPS, Dadri and Mr. Santosh Upadhyay - HR Manager, NTPC Dadri, Mr. Kaniya Lal - Sr. Manager- CSR, NTPC Dadri and CSR team.



INAUGURATION OF THE DADRI CENTRE

- ICARE is being extensively upgraded with major renovation in both the community and paid section.





2019 - 2020 AT A GLANCE



- Swami Vishwananda inaugurated the recently refurbished and renovated Paramahansa Yogananda Charity Wing at ICARE with Swami Smaranananda on 16th October 2019. Supported by our donors Mr.Viney Sahgal and his wife Dr.Kusum Sahgal.



L-R: MR. VINEY SAHGAL, SWAMI VISHWANANDA, DR. SUSHIL CHOUDHRY, DR.KUSUM SAHGAL, DR. REWA CHOUDHRY AT THE PARAMAHANSA YOGANADA CHARITY WING INAUGURATION ON 16TH OCTOBER 2019



SWAMI SMARANANANDA AT ICARE



SWAMI VISHWANANDA AT ICARE



ICARE HISTORY

Before the establishment of ICARE Eye Hospital in 1993 on an acre of land at sector 26 Noida, Dr. Sushil Choudhry, ran a clinic for underprivileged from his Delhi residence under the aegis of Ishwar Charitable Trust (ICT) in 1981, dedicated to his mother "Ishwar". Understanding the ever growing need of ophthalmic care for poor people in the remote rural areas, Dr.Choudhry established ICARE EYE HOSPITAL with the small token of money his mother left him in her insurance. ICARE has come a long way to become a landmark hospital for eye related services in the last 26 years. His vision and dedication has made sure that ICARE has become one of the best eye hospitals offering state of the art facilities. We now have a fully renovated charity wing for the offering ophthalmic care for the underprivileged. We take pride in being a hospital with a heart.

THEN & NOW



CENTERS

BASE HOSPITAL ICARE EYE HOSPITAL, NOIDA



SECONDARY CENTERS



ITS GREATER NOIDA (UTTAR PRADESH)



KHURJA (UTTAR PRADESH)



SAWAI MADHOPUR (RAJASTHAN)



DADRI CENTER

VISION CENTERS



(VISION CENTER IN TAHIRPUR, DELHI IN COLLABORATION WITH SIGHT SAVERS)



RAAHI (VISION CENTER IN FARIDABAD IN COLLABORATION WITH SIGHT SAVERS)

ICARE NTPC Bhajanlal Eye Hospital, Dadri



PATIENTS ARRIVING AT THE HOSPITAL



RECEPTION AREA



PATIENTS REGISTERING AT RECEPTION



PATIENTS WAITING AT THE RECEPTION



PATIENTS UNDERGOING EYE CHECK UP



PATIENT COUNSELING

COMMUNITY SERVICES

We provide the best ophthalmic care for underprivileged people in North India. Our dedicated team reaches out to patients in their village, through camps and transfers patients needing surgery to our base hospital in Noida. At the Base hospital the patients are well taken care of and undergo surgery for free through our outreach program. On an average we conduct OPD for 300 - 500 patients in our camps every day.



COMMUNITY AT WORK

OLD WARD



COMMUNITY AT WORK

NEW WARD

PARAMAHANSA YOGANANDA CHARITY WING



PERFORMANCE IN COMMUNITY SERVICES

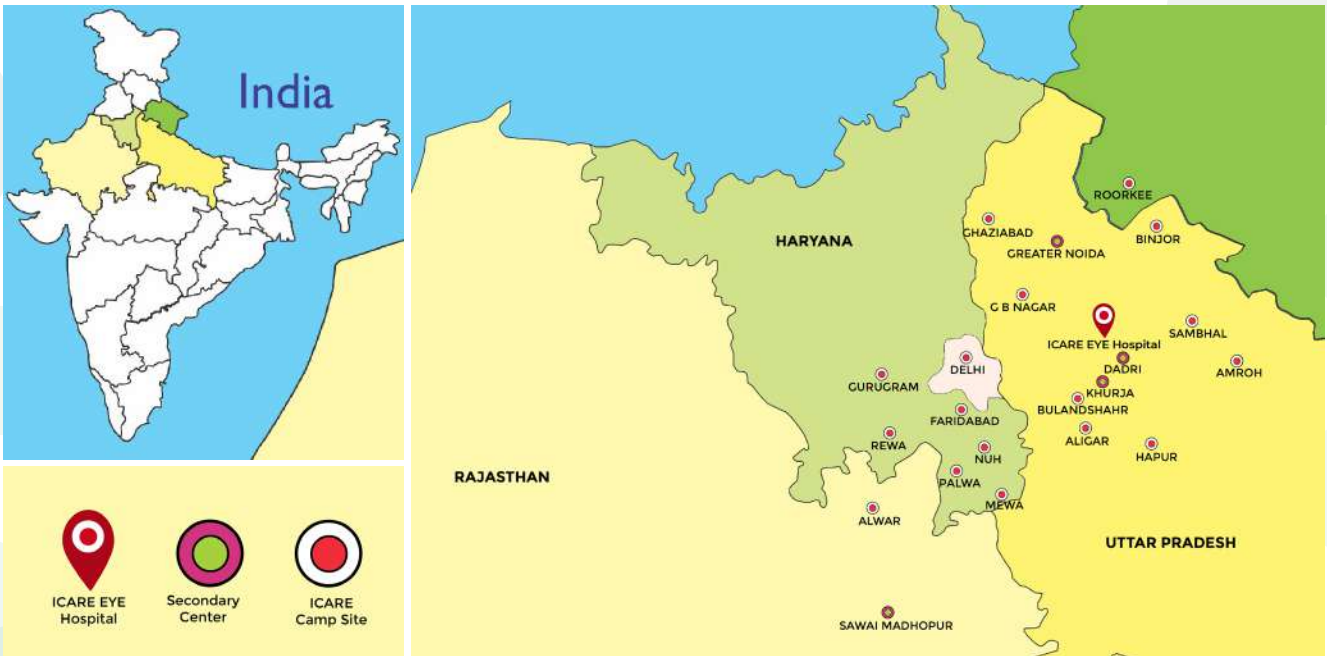
Community outreach program at ICARE contributes to more than 65% (approx 2/3 of Total Surgeries) of the total ophthalmic surgeries. We provide free eye care to villages in Uttar Pradesh, Haryana, Rajasthan and Slums of Delhi (through our outreach program). Our eye camps target underprivileged people residing in remote rural areas who cannot afford eye care. This year we opened a new secondary center at Dadri. Our aim is to reach out to as many people as possible to prevent curable blindness.

CENTER	NO OF SURGERIES
Khurja (Bulandshahr)	844
ITS (Greater Noida)	3268
Sawai Madhopur(Rajasthan)	1176
Base Hospital (Noida)	11381
Dadri (Nagla Chamroo)	121
Total	16790

CATEGORY OF SURGERIES	TOTAL
Cataract	15565
Childhood Blindness	175
Cornea	264
Diabetic Retinopathy	224
Glaucoma	13
Keratoplasty	9
Oculoplasty	128
Squint	17
Vitreoretinal	115
Miscellaneous	280
Total	16790

COMMUNITY SERVICES

TOTAL NO. OF CAMPS CONDUCTED IN THE YEAR 19-20 - 1,031
TOTAL NO. OF PATIENTS SCREENED - 1,82,031 (THROUGH OUTREACH PROGRAM)



THREE DAYS PATIENT CYCLE AT BASE HOSPITAL



Rural Eye Camp



Patients Requiring Surgery brought to the Base Hospital



Comprehensive Eye Examination at the Base Hospital



Meals being served



Surgery being performed



Patients going home with restored eye sight

CATARACT AND ANTERIOR SEGMENT SERVICES

ICARE is the first in Asia and the only Eye Hospital to have the new Legion Phaco system. The cataract team is dedicated and focused towards eradicating curable blindness caused by cataract. This year we **performed record 21,021 surgeries.** Lead by Dr. Saurabh Choudhry we train DNB students, we also train short and long term fellows in this ophthalmic sub specialty.



Dr. Charu Tandon examining a patient before Cataract Surgery

Team Cataract

- Dr. Saurabh Choudhry
- Dr. Reena M Choudhry
- Dr. Charu Tandon
- Dr. Uma Sridhar
- Dr. Shalini Sharma
- Dr. Puneet Gupta
- Dr. Rita Hansaria
- Dr. Jyoti Batra
- Dr. Isha Vatsal
- Dr. Metu Rajput
- Dr. Dushyant Kumar Sharma
- Dr. Hafsa Bashir

GLAUCOMA

Glaucoma is a subspecialty in ophthalmology which deals with eye diseases that damage the optic nerve and results in a decrease in field of vision. Glaucoma affects approximately 60 million people globally and is the second most common cause of blindness. Our Glaucoma expert team provides full spectrum of care ranging from Medical therapy, Laser treatment, Traditional glaucoma surgery, Glaucoma valve implant to latest Minimally Invasive Glaucoma Surgeries (MIGS) for patients of all ages. We also provide training to ophthalmologists from different parts of country in glaucoma management and are part of ongoing research in glaucoma at national and international level.



COO Dr. Reena Choudhry operating on a glaucoma patient

Team Glaucoma

- Dr. Reena M Choudhry
- Dr. Rita Hansaria
- Dr. Vinayak Bhatia
- Dr. Isha Vatsal
- Dr. Dushyant Kumar Sharma
- Dr. Foram Desai
- Dr. Deepthi Mittal



Dr. Foram Desai Examining a patient's vision

CORNEA

Cornea services at ICARE has three well trained and experienced specialists. The department is aided by a well-equipped eye bank which is the only eye bank in Noida . A tear science lab is being established at ICARE which can diagnose and treat all types of ocular surface disorders including dry eyes. It has the latest technology in diagnostics such as the Lipiview and the latest treatment modality Lipiflow.

Advanced diagnostic tools like the Pentacam, Orbscan, Specular microscope and iTrace help diagnosis various corneal disorders.

Highly specialized corneal surgeries including corneal transplantation, Femto Laser assisted corneal procedures are effectively performed by the corneal team. Autologous stem cell transplantation procedures such as simple limbal stem cell transplantation is also being done by our trained surgeons.



Dr. Jyoti Batra examining the cornea of a patient

Team Cornea

Dr. Uma Sridhar

Dr. Jyoti Batra

Dr. Hafsa Bashir

LOW VISION

In the last 26 years the optometry department has grown considerably, the current strength is 25. Ocular Tracey & Varion are state of the art facilities which have been added recently to cataract surgery department to give ultimate outcome. We added TMS - phoroptes in the OPD to give comfort and care to refractions where the vision chart is inbuilt. The department has developed its own software for vision therapy.

Team Low Vision Services

Mrs .Yogeshwari Bansal



Mrs. Yogeshwari Bansal with her team

RETINA

The Department of Vitreo Retina and Uvea services comprises of a team of experienced fellowship trained experts to deal with the most complex retinal and uveal diseases. The department has access to state of the art technology such as Indo cyanine green angiography, fundus fluorescein angiogram, optical coherence tomography, ocular ultrasound, retinal lasers, and advanced surgical systems such as Constellation with MIVS. The recently acquired Heidelberg Imaging System, the most advanced system in the world, has further augmented our diagnostic facilities, benefitting our patients. The Department has one of the most advanced Retinal services in Delhi-NCR and has a large referral base.

Diabetic Retinopathy Services: The Institute offers the entire range of facilities for the diagnosis and treatment of Diabetic Retinopathy. The department conducts regular patient education programs. The center is a tertiary referral center for the management of advanced diabetic retinopathy.

Retinopathy of Prematurity (ROP) Clinic: This condition which affects premature infants immediately after birth could be a blinding disease if not detected or left untreated at an early stage. Ophthalmologists trained in the treatment of ROP examine the eyes of premature infants in various neonatal centers in hospitals across the city and also in neighboring districts for early detection of this condition. The Institute provides laser treatment for this particular condition and also surgical expertise for advanced cases.

Team Vitreo and Uvea

Dr. Shahana Mazumdar

Dr. Prashant Jain

Dr. Priyanka Khandelwal

Dr. Anubhav Goyal



Dr. Anubhav Goyal examining a child for ROP



Dr. Prashant Jain Examining a Patient

OCULOPLASTY

Oculoplasty service at ICARE treats conditions like disorders of the eyelids - droopy lids and lacrimal drainage system like watering of eyes, puffy lids etc. Our team is experienced to handle growths in or around the eyes .Eye problems caused by thyroid disease and weakness around your eyes or eyelids caused by Bell's palsy are also treated under this sub - specialty. Oculoplasty also treats injuries to eye or eye area as well as eye-related birth defects.

Team Oculoplasty And Ocular Oncology

Dr. Jyoti Batra Ohri



Dr. Jyoti Batra Ohri checking a Patient

NEURO OPHTHALMOLOGY

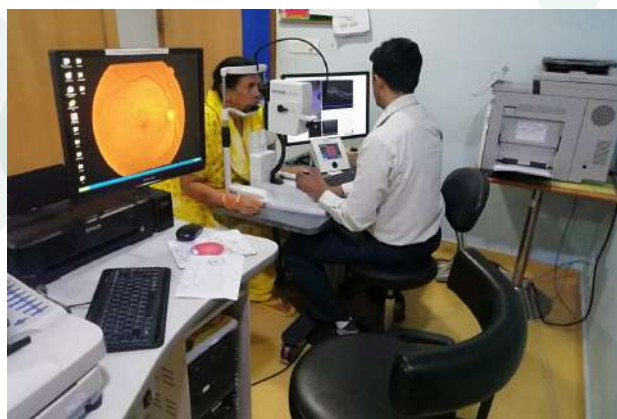
Neuro Ophthalmology is the subspecialty that deals with disorders of the optic nerve. Common disorders include optic neuritis, Ischemic Optic neuropathies and Traumatic optic neuropathy. Diagnosis of these disorders requires electrophysiological tests such as VEP/ERG and EOG. At ICARE we have state of the art technology and trained doctors to help patients facing these issues.

Team Neuro Ophthalmology

Dr. Shahana Muzumdar

Dr Renu Grover

Dr Geeta Srinivasan



Patient undergoing Fundus Fluorescein Angiography

PAEDIATRIC OPHTHALMOLOGY

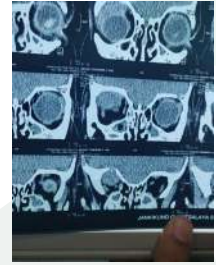
The paediatric ophthalmology and strabismus department treats infants and children upto 16 years of age. The department is well equipped with facilities to manage disorders of vision including refractive errors (need for eye glasses), lazy eye, strabismus (squint/crossed eyes), eye infections, allergies, watering from the eyes due to blocked tear ducts and childhood cataracts and other disorders. The department co-manages disorders like lid-drooping and retinopathy of prematurity with other specialty departments. We also have a fully functional Orthoptic facility with computerized vision therapy to treat eye muscle weakness.

Team Pediatric Ophthalmology

And Strabismus

Dr. Geetha Srinivasan

Dr. Renu Grover



Master Akshay Suffering from Cancer in the Right Eye



Our colourful waiting area for kids



Dr. Geetha Srinivasan checking a young patients eye

REFRACTIVE SERVICES

Refractive services is a progressive team working diligently to provide freedom from spectacles. We provide Lasik , C -Lasik, ICL, PRK after conducting comprehensive tests to check the eligibility of the patient for a particular procedure. The team is led by Dr. Saurabh Choudhry and has experienced doctors. The department has also trained surgeons for Lasik Procedure. Lasik surgery helps correct vision issues, however reading glasses may still be required with age.



CEO Dr.Saurabh Choudhry performing Lasik surgery

Team Refractive Services

Dr. Saurabh Choudhry

Dr. Shalini Sharma

Dr.Jyoti Batra

Dr. Metu Rajput

Dr. Hafsa Bashir

VISION THERAPY

Vision therapy is a variety of treatments based around eyes exercises. Vision therapy is like physical therapy for the visual system, including the eyes and the parts of the brain that control vision. It can include the use of lenses, prisms. We at ICARE have trained ophthalmologists who conduct these therapies for improvement in vision, if required. Vision therapy can relieves symptoms and improve outcomes for a variety of vision problems, including Amblyopic, Strabismus, phorias, Eye movement disorders.



A child undergoing Vision Therapy

EYE BANK

The Eye Bank at ICARE, established in 2002 is recognized by the Eye Bank Association of India. As of Today it is supported by Sanjay Anand Charitable Foundation, New York and Sankalp Charitable Trust -dedicated to Late Dr. L.P Agarwal (Founder of Dr. Rajendra Prasad Center for Ophthalmic Sciences and Former Director AIIMS, New Delhi) .We celebrate National Eye Donation fortnight from 25 August to 8 September every year.

AWARENESS DRIVE

We hold regular seminars and awareness programmes with various hospitals, RWA's and clubs in and around Noida to increase our Eye Donors base every year.



CAMP AT NFNDRC, NTPC HOSPITAL, DADRI (NOV,2019)



DR. HAFSA BASHIR CONDUCTS AWARENESS DRIVE AT SUMITRA HOSPITAL, SECTOR 35, NOIDA (OCT, 2019)

QUALITY



Confederation of Indian Industry, Institute of Quality (CII IQ) awarded ICARE for its (Commitment towards Performance Excellence).

ICARE Eye Hospital is one of only 5 Hospitals, to be recognized nationally, for its continuous commitment to Healthcare Excellence & Clinical Quality, by the Confederation of Indian Industry.

Dr Sushil Choudhry Founder & Managing Trustee & Mr. Mitul R Patel Vice President received the award in Bengaluru on 23rd Nov 2019, (presented by Mr Sunil Sinha Resident Director TATA Sons, Mr Vipin Sahani Executive Director CII IQ, Mr. R Srinivasan Past Chairperson CII Karnataka,) on behalf of ICARE Eye Hospital.



NABH CERTIFICATION

TRAINING

Trainings at ICARE	
HIC	23
ER&R	12
Instrument	6
Drills	8
Disaster Management	7
NABH	7
BLS	5
Patient Care	25
New Joinees	22
Clinical	20
Soft Skills	11
Total	143

GLIMPSES OF VARIOUS TRAINING PROGRAMS



PUBLICATIONS BY ICARE FACULTY (APR." 2019-MAR."2020)			
DATE	NAME OF CONSULTANT	MAGAZINE/JOURNAL	PUBLICATIONS
May-June"2019	Dr.Neha Goel	Delhi Ophthalmology society	1) Management of Post Operative Endophthalmitis 2) Vision Loss following Pars Plana Vitrectomy
	Dr.Prashant Jain	Delhi Ophthalmology Society`	Pearls in recognizing Polypoidal Choroidal Vasculopathy (PCV)
	Dr.Pragya saini, Dr.Prashant Jain, Dr.Neha Goel	Delhi Ophthalmology Society`	COAT'S - Type Retinitis Pigmentosa
	Dr.Neha Goel, Dr.Gaurav Shukla, Dr.Pragya Saini	Delhi Ophthalmology Society	Spectral Domain Optical Coherence tomography in Congenital Retinal Macrovesel
June" 2019	Ms.Yogeshwari Bansal	Optometry Today	New Trend of definitions in Optometry
October" 2019	Dr.Neha Goel, Dr. Gaurav Shukla, Dr. Anchal Mehta, Dr.Jyoti Batra	Indian Journal Ophthalmology	Anterior Segment optical coherence tomography in Terrien marginal degeneration
Jan."2020	Dr.KT, Dr.Barsha Sarma , Dr.SM	Indian Journal Ophthalmology	Outer Retinal Tubulation and Inner retinal pseudocysts in a patient with maternally inherited diabetes and deafness evaluated with optical coherence tomography angiogram
Jan."2020	Dr.NG, Ms.Anjula Kumari, Satish Kumar & Dr. Anchal Mehta	DOC Ophthalmology	Multifocal Electroretinography in patients with macular telangiectasia type-2

CLINICAL TRIALS

Clinical trials determine the safety and effectiveness of medications, devices, diagnostic products . These may be used for prevention, treatment, diagnosis or for relieving symptoms of a disease. During the trial, investigators recruit subjects with the predetermined characteristics, administer the treatment(s) and collect data on the subjects' health for a defined time period. These academic medical centers often have their internal Institutional Review Boards/Ethics committee that oversee the ethical conduct of medical research.

ICARE Eye Hospital & Post Graduate Institute participating in various global clinical trials for ophthalmological indications by experienced Investigators and plays a vital role in new drug development globally.

ICARE Eye Hospital & Post graduate Institute Ethics Committee has been registered (EC/RENEW/INST/2019/3163) to Drug Controller General of India (DCGI) till June 2024.

RESEARCH

ICARE Eye Hospital and Post Graduate Institute is committed to excellence in Academics and Research. We are a part of different multi-centre studies.

ONGOING STUDIES

<p>Protocol: Posterior Uveitis (Fluocinolone Acetonide Intravitreal Insert)</p> <p>Protocol No. :PSV-FAI-005</p> <p>Name of PI: Dr Shahana Mazumdar</p> <p>CTRI No. :CTRI/2014/12/005337</p>	<p>Protocol: Retinal Vein Occlusion (RVO)-Ranibizumab(Novartis Healthcare Ltd.)</p> <p>Protocol No.:CRFB002EIN02- UNVEIL-RVO</p> <p>Name of PI: Dr Neha Goel</p> <p>CTRI No. :CTRI/2015/07/005985</p>
<p>Protocol: Wet ARMD-Razumab (Intas Biopharmaceuticals Pvt. Ltd.)</p> <p>Protocol No. :045-15</p> <p>Name of PI: Dr Neha Goel</p> <p>CTRI No. :CTRI/2016/03/006739</p>	<p>Protocol: A Phase 3, Randomized, Masked, Controlled Clinical Trial to study the Safety and Efficacy of Triamcinolone Acetonide Injectable Suspension (CLS-TA) for the treatment of subjects with Macular Edema associated with Non-Infectious Uveitis.</p> <p>Protocol No.CLS1001-301</p> <p>Name of PI:Dr. Neha Goel</p> <p>CTRI No. :CTRI/2016/09/007269</p>
<p>Protocol: A Phase 2/3, Randomized, Double-Masked, Sham-controlled Trial of QPI-1007 delivered by single or multi-dose Intravitreal Injection(s) to subjects with Acute Nonarteritic Anterior Ischemic Optic Neuropathy (NAION)</p> <p>Protocol No:QRK-207</p> <p>Name of PI:Dr. Shahana Mazumdar</p> <p>CTRI No. :CTRI/2015/12/006402</p>	<p>Protocol: Prospective Feasibility study to evaluate safety and efficacy of Ultrasound Ciliary Plasty in refractory Glaucoma Patients</p> <p>Protocol No.:CS#17-I-04 (Eye Tech Care)</p> <p>Name of PI:Dr. Reena Choudhry</p> <p>CTRI No. :Applied for registration</p>

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 MRS. ARCHANA SINGH
 MR. ARJUN BAWA
 MR. ARJUN DEV SUNEJA
 MRS. ARTI CHANDHOK
 MRS. ARTI VACHHER
 MR. ARUN BHASIN
 MR. ARUN CHOUDHARY
 COL. ARUN KUMAR CHANDEL
 DR. ARUN KUMAR NARAYANASWAMY
 MR. ARUN SINGH
 MR. ARVIND BAHUGUNA
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DR. JYOTI BATRA ARTICLE ABOUT HANDLING DRY EYES IN THIS SCORCHING HEAT GOT PUBLISHED IN A LEADING HINDI DAILY "NAV BHARAT TIMES"



ICARE RETINA SPECIALIST DR. SHAHANA MAZUMDAR SPOKE TO HINDUSTAN NOIDA LIVE. HER ARTICLE WAS PUBLISHED ON 30/9/19 ON THE FRONT PAGE OF THE NEWSPAPER

IN THE NEWSPAPER



Dr. Geeta Srinivasan talking about pollution and effect on children eyes to Hindustan Times

Dr.Uma Sridhar spoke to a Leading Daily and through light on the increase of patients complaining of irritation in eyes



Dr. Jyoti Batra spoke to a leading daily about effects of smog on eyes

IN THE NEWSPAPER

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आईकेयर को मिला नेशनल रिकोगनिशन अवार्ड



—अथाह संवाददाता—
नोएडा। आईकेयर को नेशनल रिकोगनिशन अवार्ड से सम्मानित किया गया। पूरे देश भर पाँच अस्पतालों को इस अवार्ड से सम्मानित किया गया जिसमें नोएडा के सेक्टर 26 स्थित आईकेयर उनमें से एक है। आईकेयर के फाउंडर एवं मैनेजिंग ट्रस्टी सुशील चौधरी को उत्कर्ष सेवा प्रदान करने के लिए यह अवार्ड दिया गया। यह अवार्ड सीआईआई (कॉफरडेशन ऑफ इंडिया) ने प्रदान किया है। सुनील सिन्ध रेजिडेंट डायरेक्टर टाटा सम्यक् विपिन साहनी एग्ज्यूटिव डायरेक्टर सीआईआई ने यह अवार्ड सुशील चौधरी को प्रदान किया। सीआईआई की तरफ से देश भर के अस्पतालों का सर्वे किया था जिसके बाद उन्होंने नोएडा के आईकेयर का चयन किया था।

आईकेयर को मिला अवार्ड

जामरूप संकटदाता, चेहरा : एडर में आँखों के सबसे बड़े अस्पताल आईकेयर को कॉन्फेडरेशन ऑफ इंडियन इंडस्ट्री (सीआईआई) की ओर से इस्टीमेटेड ऑफ क्वालिटी (अवक्यु) अवार्ड से सम्मानित किया गया है। अस्पताल को यह सम्मान देश के शीर्ष पाँच अस्पतालों में स्वास्थ्य सेवा के क्षेत्र में उत्कृष्ट प्रदर्शन के लिए दिया गया है। अस्पताल की ओर से यह सम्मान कैम्पेस ऑफ इंडियन इंडस्ट्री (सीआईआई) द्वारा प्रदान किया गया है। इस अवार्ड से अस्पताल को बेहतर स्वास्थ्य सुविधा प्रदान करना ही अस्पताल का लक्ष्य है। इसके लिए अस्पताल में प्रति वर्ष सैकड़ों मरीजों को जांच व इलाज निरपेक्ष किया जाता है।



फैलुस में अग्रणीत कार्यक्रम में नोएडा के आईकेयर अस्पताल को कॉन्फेडरेशन ऑफ

Hindi News/Samachar/UP News/Noida News/Eye Care Gets National Recognition

आँखों के अस्पताल आई केयर को CII से मिली राष्ट्रीय मान्यता

Navbharat Times
Updated: 02 Dec 2019, 12:43:00 PM

सेक्टर 26 स्थित आई केयर अस्पताल को इस ही में फैलुस में इस्टीमेटेड ऑफ क्वालिटी आईकेयर से राष्ट्रीय मान्यता मिली है।



नोएडा

नोएडा के सेक्टर 26 स्थित आई केयर अस्पताल को इस ही में फैलुस में CII के इस्टीमेटेड ऑफ क्वालिटी अवार्ड से राष्ट्रीय मान्यता मिली है। अस्पताल के बेहतरीन प्रदर्शन को देखते हुए चुकड़न भी किया गया है। आईकेयर के सीईओ डॉ. सीरम चौधरी ने इस पर खुशी जताते हुए बताया कि भारत के 5 ऐसे अस्पताल हैं, जिन्हें राष्ट्रीय तौर पर मान्यता मिली हुई है। इन 5 अस्पतालों में आई केयर अस्पताल का नाम भी शामिल हो गया है।

दो अस्पतालों को सम्मान

नोएडा। सेक्टर-137 स्थित फैलुस अस्पताल को मरीजों को बेहतर सुविधाएं देने पर केंद्रीय स्वास्थ्य मंत्री डॉ. हर्षवर्धन ने सम्मानित किया। अस्पताल के प्रमुख डॉ. धर्मेन्द्र कुमार गुप्ता व डॉ. रश्मि गुप्ता को गोल्ड प्रमाण पत्र से नवाजा गया है। कॉन्फेडरेशन ऑफ इंडियन इंडस्ट्रीज की ओर से सेक्टर-26 स्थित आईकेयर अस्पताल को इस्टीमेटेड ऑफ क्वालिटी अवार्ड से सम्मानित किया गया है। यह सम्मान देश के शीर्ष पाँच अस्पतालों में स्वास्थ्य सेवा के क्षेत्र में उत्कृष्ट प्रदर्शन के लिए दिया गया है।

JACARN, NAV BHARAT TIMES BEING THE PROMINENT TWO

IN THE NEWSPAPER

प्रयाग स्कूल महेश्वरी में लगे नेत्र जांच शिविर में 300 लोगों को मिला स्वास्थ्य लाभ

रणघोष न्यूज़। धारूहेड़ा

गांव महेश्वरी स्थित प्रयाग सीनियर सेकेंडरी स्कूल में लगे नेत्र जांच शिविर में स्कूली विद्यार्थियों के अलावा 300 से ज्यादा लोगों ने अपनी आंखों की जांच कराई। उद्घाटन गांव के सरपंच जोगेंद्र सिंह ने किया। ल्यूमैक्स चैरिटेबल ट्रस्ट द्वारा आयोजित इस शिविर में डॉ। प्रज्ञा सैनी, डॉ। गणेश कुमार ने अपनी सेवाएं दी। स्कूल संचालक डॉ। सूर्यकमल ने बताया कि हर साल यह शिविर लगाया



जाता है। इस मौके पर ट्रस्ट प्रभारी सरदार जनरैल सिंह, मन्त्रपीत सिंह कौर, मुख्याध्यापक रणधीर सिंह, मनोज कुमार प्रधान, सतबीर सिंह पंच, केशव यादव, विमलेश कुमार, सुनील पंच समेत अनेक लोग मौजूद थे।

मरीजों ने कराई नेत्र जांच

संवाद सहयोगी, धारूहेड़ा : महेश्वरी स्थित प्रयाग चैरिटेबल माध्यमिक विद्यालय परिसर में ल्यूमैक्स चैरिटेबल ट्रस्ट व आइकेयर अस्पताल, नोएडा की ओर से निःशुल्क नेत्र जांच शिविर लगाया गया। शिविर में 302 मरीजों ने नेत्र जांच करवाई।

शिविर का शुभारंभ महेश्वरी के सरपंच जोगेंद्र सिंह ने किया। उन्होंने कहा कि देखरेख के अभाव में आंखों में विभिन्न प्रकार की बीमारियां पनप रही हैं। समय पर इनकी जांच न हो तो यह गंभीर हो जाती है। जिसका इलाज महंगा होता है। चिकित्सक प्रज्ञा सैनी व गणेश कुमार ने आंखों में आने वाली बीमारियों के प्रति जागरूक किया तथा उनके उपचार बताए। उन्होंने कहा कि देखरेख के अभाव में छोटी उम्र ही

स्वास्थ्य शिविर

- प्रयाग चैरिटेबल माध्यमिक विद्यालय परिसर में चिकित्सकों ने की जांच
- ल्यूमैक्स चैरिटेबल ट्रस्ट व आइकेयर अस्पताल, नोएडा ने किया आयोजन

बच्चों को चश्मे लगवाने पड़ रहे हैं। उन्होंने कहा कि आंखों की बीमारियों से बचाव के लिए खानपान के प्रति भी जागरूकता जरूरी है। स्कूल निदेशक डॉ. सूर्यकमल ने चिकित्सकों का आभार जताया।

इस मौके पर रणधीर सिंह, ब्रेस्टेक आरडब्ल्यूए के प्रधान मनोज कुमार, पंच सतबीर यादव, केशव यादव, विमलेश कुमार, सुनील पंच मौजूद थे।

ICARE with Lumax Charitable Trust Eye camp at Prayag Senior Secondary school, Daruhayra Rewari, Haryana on 11th January 2020. The camp was very successful and was mentioned in a local Hindi Newspaper

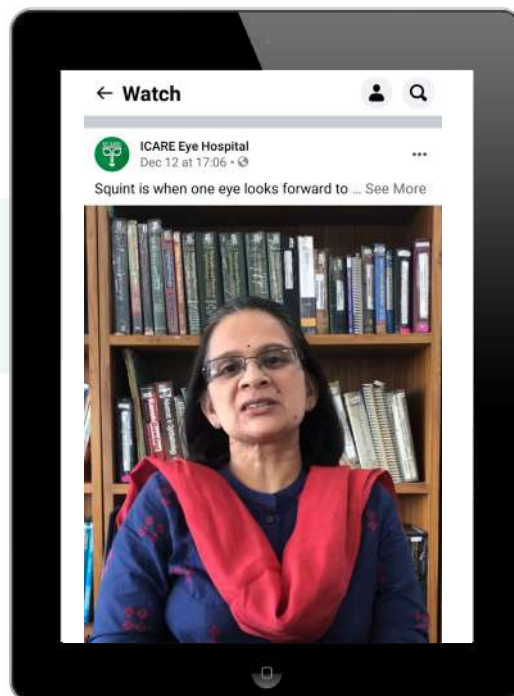
SOCIAL MEDIA PRESENCE



Dr. Shahana Mazumdar on Diabetes Retinopathy for "Tata sky" channel "famhealth". The interview is available on <https://youtu.be/O4vxGjEH6ac>



ICARE received an award for excellence on the national level. The same got mentioned at Zee News website



Dr. Geeta Srinivasan talk on Squint. Dr. Geeta not only spoke about what squint is and its treatment but also why regular check up for children was important. Useful information for parents to make sure their children have healthy eyes.

PROUD MOMENTS



Swami Vishwananda inaugurated the recently refurbished and renovated Paramahansa Yogananda Charity Wing at ICARE on 16th October 2019. We can now provide better amenities to patients who otherwise could not afford standard treatment. The Charity Wing is supported by Sahgals Paramahansa Yogananda Charitable Trust. The wing was inaugurated in the presence of our board members Dr.Rewa Choudhry, Dr.Saurabh Choudhry, Mr.Surinder Malik, Mr.Dinesh Mathur, Mr. Hiralal Zutshi, and our Managing Trustee Dr.Sushil Choudhry. His holiness did the honor of inaugurating the newly renovated wing. Consisting of a new ward, a canteen and a work up area. Also in attendance were our respected donors Mr.Viney Sahgal and his wife Dr.Kusum Sahgal.



Guest lecture on **Myopia Control** was organised by Mr. Vikas of **Vsquare Meditech** at ICARE on 3rd September, 2019. Our guest lecturer is Mr. Chris (has worked as an Optometrist at Technicon in Johannesburg since 1985). Mr. Chris talked about Myopia Control, Presbyopic Orthokeratology and Corneal Ectasia. The audience benefitted a lot from the workshop.



NTPC-ICARE Eye Hospital was inaugurated on 28th February, 2020 by Chief Guest - Mrs. Vijaya Laxmi Murlidharan - Add. GM (HR), NTPC Dadri , Guest of Honour - Dr. A.G Risbood - CMO, NCPS, Dadri and Mr. Santosh Upadhyay - HR Manager, NTPC Dadri, Mr. Kaniya Lal - Sr. Manager- CSR, NTPC Dadri and CSR team of NTPC Dadri along with ICARE team consisting of Dr. Sushil Choudhry, Managing Trustee, Dr. Rewa Choudhry, Mr. Mitul Patel, Vice President, Mrs. Sushila Joshi, GM Community Service, ICARE Eye Hospital and other Admin, Medical, Para-Medical Staff.

The Lamp lighting ceremony was done by our Chief Guest - Mrs. Vijaya Laxmi Murlidharan - Add. GM (HR), NTPC Dadri , Guest of Honour - Dr. A.G Risbood – CMO and Dr. Sushil Choudhry, Managing Trustee, ICARE Eye Hospital in the presence of the village Pradhan and local villagers Dadri.

TESTIMONIALS



मेरा नाम गिरिधर सिंह है, मैं एक किसान हूँ।
 और मेरठ में रहने वाला हूँ। मैं 72 वर्षका हूँ।
 कुछ समय पहले मेरी आँखों की रीशनी-पलीगईपी,
 तब मेरा पुत्र मुझे आई केयर लेकर आया जाँच
 के बाद डॉक्टर ने बोला मुझे नई आँख चाहिए
 मैं आई केयर वाले का बहुत धन्यवाद देता हूँ
 कि उन्होंने नई आँख का प्रबंध करके मेरा
 अप्रेशन किया। मैं उस दिन देने वाले केवांगल
 आता व उसके परिवार जो भी शुक्रिया करता
 हूँ मैंने दे देता हूँ।
 हर व्यक्ति को अपनी
 आँखों का दान करना चाहिए, ताकि किसी अन्धे को
 आँखें मिल सकें।

धन्यवाद
 गिरिधर सिंह



Icare Eye Hospital & Post Graduat...
 E3A, Block E, Sector 26, Noida, Uttar Pr...
 Hospital



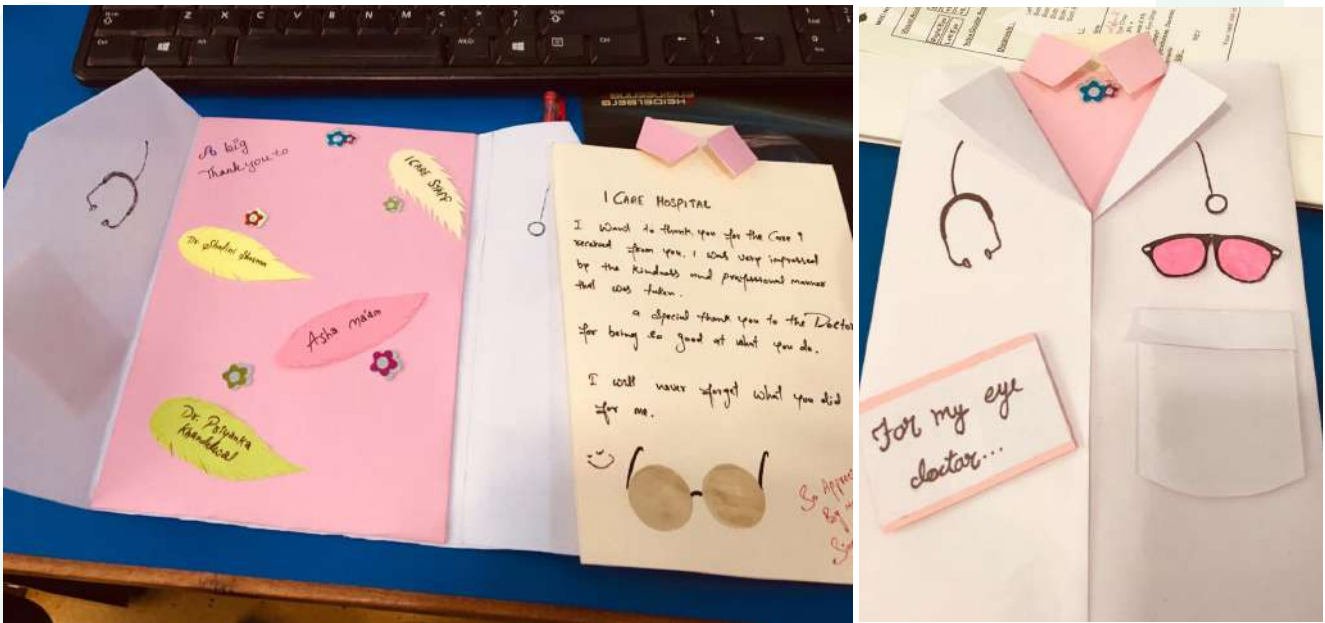
Punam Sahgal
 42 points

★★★★★ a month ago

The doctors, staff and medical facilities are excellent. They live up to their name "ICARE"! From the receptionist to the support staff and the doctors, they treat a patient with utmost care and dignity. Special appreciation for Dr Prashant Jain , an accomplished Retina Consultant and for Faraz Mirza Manager PR - who is very pleasant, approachable and responsive to the needs of patients.

👍 Like

TESTIMONIALS



Dr. Shalini Sharma got a surprise creative thank you from Sanskriti after undergoing a successful ICL surgery for both eyes at our hospital. Congrats Dr. Shalini & team.

TESTIMONIALS

To,
The CEO
ICARE HOSPITAL
MOIDA.

Dear Sir,

RE: Cataract surgery of SAKOJ SAXENA (BOTH EYE) in ICARE under Dr. Saurabh

This is to put on record our appreciation towards the excellent service we received during my mother cataract surgery for both eyes at ICARE Hospital, NOIDA. The hospital of its kind. With the best in-house medical facilities to friendly and ready-to-help staff.

A special mention about nursing staff, you are well trained and their work up to the mark. It was indeed a pleasant change to deal with friendly and caring nursing staff.

Last but not the least, a special thanks to Dr. Saurabh who performed these surgeries with world class medical facilities, best-in-class speciality doctors, friendly and ever-smiling nursing staff; you must be one proud team.

We would like you thank and each one on your staff.

Yours
Ranjit Kumar
9971773335

I Care Hospital.

I am so elated to share my services. I can never forget the day, when my wish of watching the world was granted. To begin with, I would thank Dr. Saurabh and Acha Maam for treating me well and being God figures in my life. It is said that, "Doctors are next to God, well yes it is so true. Dr. Saurabh is a person who will guide you absolutely right. Trusting him blindly was the best and right choice. When I met him, after all the inspection of tests, he clearly refused that Lasik isn't meant for me which was indeed disheartening until I heard his words saying "ICI is possible". So it took no time to get it done and today I have my own vision. I sincerely Thank Acha maam & team for being there at every moment. I wish the whole team of this hospital all the luck and many more successful stories like mine. I am so grateful to be treated here.

Thanking You,
Priyanka.
27.08.2019
priyankakaur12@gmail.com.



BALANCE SHEET

ISHWAR CHARITABLE TRUST
(Registered Office : C-57, Basement Defence Colony, New Delhi -110024)
(Principal Working Place : E - 3A, Sector - 26, Noida - 201301)

BALANCE SHEET AS AT 31ST MARCH, 2020

(All amounts in INR)

Particulars	Schedule No.	As At 31.03.2020	As At 31.03.2019
I. SOURCES OF FUNDS			
CAPITAL FUND	1	146,772,088	94,313,105
GENERAL RESERVE	1	381,279,570	347,650,143
2. SECURED LOANS			
(a) Secured Loans from Banks	2	-	409,053
3. CURRENT LIABILITIES & PROVISIONS			
(a) Sundry Creditors	3	53,235,766	35,277,821
(b) Expenses Payable	4	17,345,496	17,782,155
(c) Long Term Provision	5	10,067,997	7,803,838
(d) Short Term Provision	6	1,113,126	374,308
(e) Others Current Liabilities	7	3,296,450	1,244,695
TOTAL		613,110,492	504,855,118
II. APPLICATION OF FUNDS			
1. FIXED ASSETS			
Gross Block	8	520,662,061	400,613,374
Less: Depreciation till date		220,582,165	187,502,974
Net Block		300,079,896	213,110,400
Capital Work in Progress		64,446,294	42,998,975
2. NON CURRENT INVESTMENTS			
	9	9,814,148	16,695,034
3. CURRENT ASSETS & LOANS AND ADVANCES			
(a) Current Investments	10	-	46,286,426
(b) Balance with Banks	11	117,428,070	44,888,295
(c) Cash & Cash equivalents	12	724,685	1,100,046
(d) Sundry Debtors	13	41,979,817	45,476,994
(e) Closing Stock of Consumable, Medicine, IOL & Spectacles	14	34,602,682	33,730,222
(f) Advance Recoverable in Cash or in Kind or for value to be received	15	44,034,901	60,568,727
TOTAL		613,110,492	504,855,118

As per Our Report of Even Date Attached.

Schedules, Significant Accounting Policies and Notes on Financial Statements form an integral part of these Financial Statements.

For Adarsh Sharma & Co.
Chartered Accountants

Adarsh Sharma
Proprietor
Membership No. 082527
FRN.017661N



For Ishwar Charitable Trust

Dr. Sushil Choudhry
Managing Trustee

For ISHWAR CHARITABLE TRUST

Dr. Saurabh Choudhry
Trustee
Authorised Signatory

Place : New Delhi

Date : 01.12.2020

UDIN : 20082527AAAAEC6922

TRUST BOARD MEMBERS



Mr. Arjun Malhotra
CHAIRPERSON

*Co Founder HCL &Headstrong,
Chairperson Ishwar Charitable Trust*



Dr. Sushil Choudhry
MANAGING TRUSTEE

*Managing Trustee
Former lecturer at Maulana Azad Medical
College. Founded Ishwar Charitable trust
in 1982.*



Dr. Saurabh Choudhry
SECRETARY & CEO

*Secretary Ishwar Charitable Trust & CEO
Anterior segment consultant specializing
in cataract & refractive surgery.*



Dr. Rewa Choudhry
TREASURER

*Former HOD Anatomy, Lady
Hardinge Medical College. Former
Principal of the Vardhaman Mahavir
Medical College.*



Dr. D.V Kapur
TRUSTEE

*Founder Chairman & Managing
Director of National Thermal Power
corporation (NTPC).*



Mr. R. C. Bhargava
TRUSTEE

*Chairman Maruti Suzuki and Served
in the Indian Administrative Service
(IAS).*



Mr. S. R. Wadhwa
TRUSTEE

*Retired IT Commissioner
Renowned Tax Advocate and is
considered a Tax authority in India.
Served as special tax advisor to several
foreign governments.*



Mr. Dinesh Mathur
TRUSTEE

Chairman & MD of Akriti Creations



Mr. Sunil Anand
TRUSTEE

*Audit Professional In USA
Certified CPA in USA & Philanthropist.*



Mr. Surinder Malik
TRUSTEE

Chairman & MD Da Milano



Mr. Subodh Bhargava
TRUSTEE

*Former Chairman Tata Communication,
Chairman Emeritus Eicher Group,
Boards of several Tata Companies, Past
President of CII*



Mr. Hiralal Zutshi
TRUSTEE

Former Chairman & MD HPCL

NATIONAL PARTNERS



INTERNATIONAL PARTNERS



YOU CAN SUPPORT US

CSR Projects

Mrs. Sushila Joshi, General Manager - M : 9811408953 / E : admin@icarehospital.org

Ms. Tripti Pal, Manager Fundraising - M : 9643404831 / E : triptipal@icarehospital.org

Cash / Cheque / DD - In favor of "Ishwar Charitable Trust" to be sent along with address and PAN.

Mrs. Geeta Sahoo, Executive - M : 9818151678 / E : donation@icarehospital.org

Net Banking - Ishwar Charitable Trust

HDFC Bank : Branch- Sector 26, Noida / A/C : 06518480000063 / IFSC : HDFC0000651

Trust Registration No.5524 | PAN : AAATI0312B | FCRA No. 231650416

12-A No.- DLI(C)(T-1070) | 80G No. : DIT(E)80G/10-11/1-290/765



ICARE Eye Hospital & Postgraduate Institute- Unit of Ishwar Charitable Trust

Address : E3A, Sector-26, Noida – 201301, UP | Tel. : +91-91-2477600, 2477753, 2477755

Fax : +91-120-25576389 Website : www.icarecharitablefoundation.org

Indian Donors are eligible for 50% tax exemption under 80G of Income Tax Act 1961



ICARE Charitable Foundation

Address : ASPIRA of New York, Inc: 630 Ninth Avenue, Suite 302, New York, NY 10036

Contact : Mr. Sunil Anand / E : sanand@nyaspira.org / Website : www.aspirany.org

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