

ISHWAR CHARITABLE TRUST



ANNUAL REPORT

2021-2022

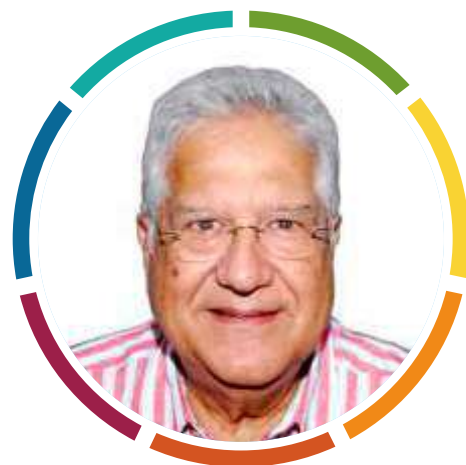
www.icarehospital.org
www.icarecharitablefoundation.org



ICARE EYE HOSPITAL &
POST GRADUATE INSTITUTE
(Unit of Ishwar Charitable Trust)



MESSAGE



Mr Arjun Malhotra
Chairperson

I have great satisfaction, in releasing our Annual report for Financial Year 2021-2022. The Pandemic has been a great teacher, we have had to change & reimagine our Strategy & Operations. Our vigorous participation in the Worlds' largest vaccination programme, culminated in vaccinating 18,251 doses (14,413 Covishield & 3838 Covaxin), including 1700 free of cost vaccinations for the poor/underprivileged.

Compared to the previous year the financial & Operational challenges, eased to an extent. Our changed operational model, retention of our workforce, ensured, we scaled back rapidly, with a greater number of surgeries than anticipated. The private wing for the first time exceeded 10,000 surgeries.

This year in charity we screened 85,589 patients and performed 13,257 surgeries, and in the private wing we screened 1,03,865 patients and performed 10,107 surgeries. A cumulative total of 1,89,454 patients screened and 23,364 surgeries performed, this was almost in line with pre-pandemic levels.

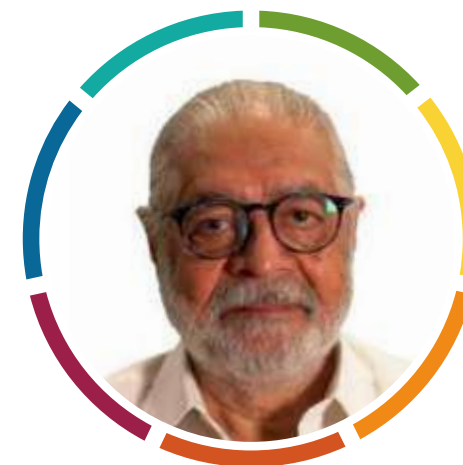
Our Secondary centres, Dadri NTPC-ICARE Bhajanlal Eye Hospital & Khurja ICARE Rotary Sewa Trust, returned back to normal operations.

Our outreach programme, was remodeled in partnership with NGOs & government PHCs, which contributed prescreened patients, enhancing our surgery conversion from 9% to 15%.

I take this opportunity to express my appreciation to our Donors, Patients, dedicated Doctors & Staff, who have worked continuously and dynamically throughout the pandemic.

I wish you good Health and thank you for being part of ICARE's 29 Year Journey.

MESSAGE



Dr Sushil Choudhry
Managing Trustee

The pandemic brought a vast number of challenges to Healthcare, the silver lining was the Vaccine & the vaccination programme in which we took full part. The enhanced challenges, were addressed by changing our model and I am pleased that we emerged from this challenge with renewed vigour and new learnings.

We garnered several appreciations; Hindustan Times best Ophthalmology Hospital in North India and NOIDA Authority for pandemic management and Swachh Bharat initiative.

Despite the pandemic we stayed true to our vision to use the latest technology for our patients. We continued to upgrade by introducing new Medical equipment for the hospital. We renovated our Retina and Paediatric wing, and started a Low Vision clinic with state of the art equipment.

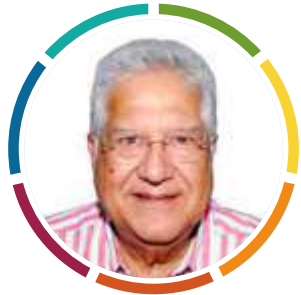
Our DNB programme founded in 2001, continued through the pandemic. We temporarily suspended our Short term Phacoemulsification Training programme, which then restarted in January 2022.

It gives me great pride to note, since, inception in 1993, 70% of our work has been charity, to that end, we have screened a total of 43,70,942 patients and performed 3,50,888 Surgeries.

Thank You to our Donors & supremely Dedicated Doctors and Staff.

Best Wishes.

TRUST BOARD MEMBERS



Mr. Arjun Malhotra
CHAIRPERSON
Co Founder HCL &
Headstrong,
Chairperson Ishwar
Charitable Trust



Dr Sushil Choudhry
MANAGING TRUSTEE
Managing Trustee
Former lecturer at
Maulana Azad Medical College.
Founded Ishwar
Charitable trust
in 1982.



Dr Saurabh Choudhry
SECRETARY & CEO
Secretary Ishwar Charitable
Trust & CEO
Anterior segment consultant
specializing in cataract &
refractive surgery.



Dr Rewa Choudhry
TREASURER
Former HOD Anatomy,
Lady Hardinge Medical College.
Former Principal of the
Vardhaman
Mahavir Medical College.



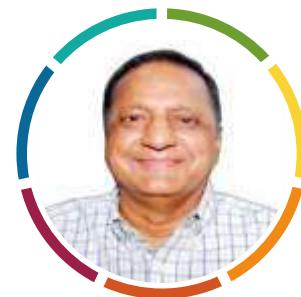
Dr D.V Kapur
TRUSTEE
Founder Chairman &
Managing Director of National
Thermal Power
corporation (NTPC)



Mr. R. C. Bhargava
TRUSTEE
Chairman Maruti Suzuki and
Served in the Indian
Administrative Service
(IAS)



Mr. S. R. Wadhwa
TRUSTEE
Retired IT Commissioner
Renowned Tax Advocate and is
considered a Tax authority in India.
Served as special tax advisor to several
foreign governments



Mr. Dinesh Mathur
TRUSTEE
Chairman & MD of
Akriti Creations



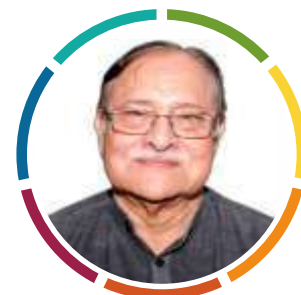
Mr. Sunil Anand
TRUSTEE
Audit Professional
in USA Certified CPA in
USA & Philanthropist.



Mr. Surinder Malik
TRUSTEE
Chairman & MD
Da Milano



Mr. Subodh Bhargava
TRUSTEE
Former Chairman Tata Communication,
Chairman Emeritus Eicher Group,
Boards of several Tata Companies,
Past President of CII

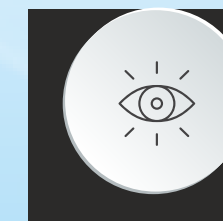


Mr. Hiralal Zutshi
TRUSTEE
Former Chairman &
MD HPCL



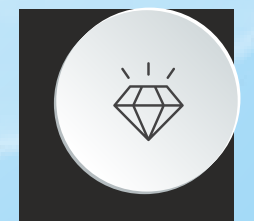
MISSION

ICARE is committed to provide comprehensive quality ophthalmic services of International Standards to all sections of society at an affordable cost.



VISION

To excel in cutting edge technology in eye care, education and research in ophthalmology.



VALUES

To deliver quality, ethical, medical and surgical eye care services.

ICARE'S ACHIEVEMENT OVER THE 29 YEARS

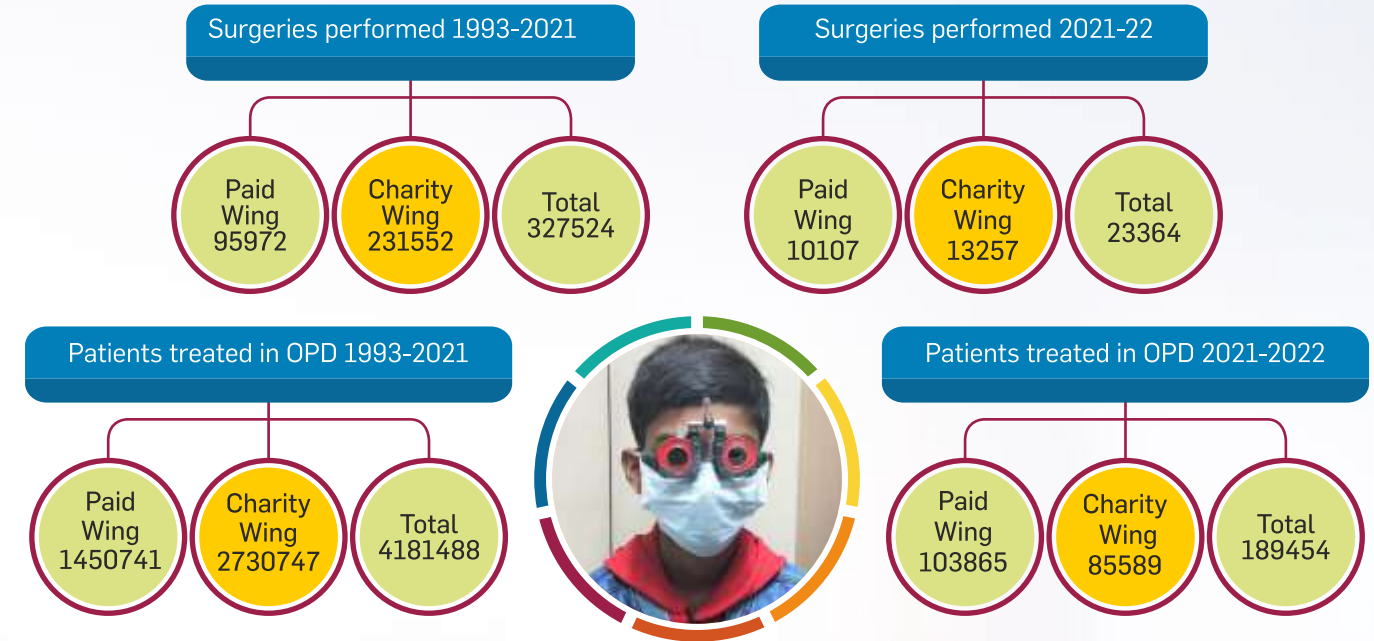


ICARE Eye Hospital & Postgraduate Institute has been working in the field preventive and curative eye healthcare since 1993. The hospital has screened 43.70 lakhs and restored eye sight of 3.50 lakhs patients till March, 2022. Out of these total numbers almost 62 percent of work is for Charity, making it an organization with the largest proportion of charity compared to any other ophthalmic non-government hospitals. In the FY 21-22, ICARE examined 189454 patients and performed 23367 surgeries. These milestones have been achieved with the help of corporates, PSUs, NGOs and individual donors.

Ishwar Charitable Trust ('ICT' for short) manages a holistic eye care facility and is the name and style of ICARE Eye Hospital and Post Graduate Institute.

In our 29 years of existence, we at ICARE Eye Hospital have touched the lives of 43.70 lakhs by eye screening and restored eye sight of 3.50 lakhs patients till March, 2022. "The free surgeries were achieved with the help of revenue generated from the surplus generated from our paid wing and help received from individuals, corporate, NGOs and other well-wishers".

2021 - 2022 AT A GLANCE



ICARE has been appreciated by NOIDA Authority CEO Mrs Ritu Maheshwari Swachh City programme, for our efforts in cleanliness & fighting the CoVID-19 Pandemic



2021 - 2022 AT A GLANCE

Vaccination Drive started in March 2021



Covid Vaccine: Covishield received on 3rd March 2021



ICARE HISTORY

Before the establishment of ICARE Eye Hospital in 1993 on an acre of land at sector 26 Noida, Dr Sushil Choudhry, ran a clinic for underprivileged from his Delhi residence under the aegis of Ishwar Charitable Trust (ICT) in 1981, dedicated to his mother "Ishwar". Understanding the ever growing need of ophthalmic care for poor people in the remote rural areas, Dr Choudhry established ICARE EYE HOSPITAL with the small token of money his mother left him in her insurance. ICARE has come a long way to become a landmark hospital for eye related services in the last 29 years. His vision and dedication has made sure that ICARE has become one of the best eye hospitals offering state of the art facilities. We now have a fully renovated charity wing for the offering ophthalmic care for the underprivileged. We take pride in being a hospital with a heart.

THEN & NOW



CENTRES

Main Hospital ICARE Eye Hospital, Sector-26, Noida



SECONDARY CENTRES



Dadri Centre



Khurja (Uttar Pradesh)

VISION CENTRES



Vision Centre in Tahirpur, Delhi
(in Collaboration with Sight Savers)



Raahi Vision Centre in Faridabad
in Collaboration with Sight Savers)



Shikarpur Vision Centre

COMMUNITY SERVICES

DURING COVID ERA

The aftermath of the COVID-19 virus has had a very significant impact on ophthalmology in India. But this also is an opportunity for us to reinvent the ways we have been working. ICARE has worked on new approaches for planning efficiencies for reaching out to more beneficiaries with limited resources.

WALK-IN OPD

Patients from semi urban and rural surroundings requiring eye treatment reach to us in Free OPD section at the Main Hospital Noida, Secondary Hospitals at Khurja in Bullandshahr district, Dadri at Gautam Budh Nagar and Swai Madhopur at Rajasthan.

VISION CENTER MODEL

ICARE adapted a new model of mobilizing beneficiaries from the Vision Centres to the Base and Secondary Centres for treatment and surgical intervention. The Vision Centre team organizes the patients' referrals to the hospital, reaching out to family members in the community, arranging transportation to the hospital, and systematically removing the barriers that kept the patient from receiving surgery. The combined effort of both the Vision Centres and the base or referral hospital reduces the load of visual disability in the community.

GOVERNMENT TIE-UP

Most of the facilities were occupied treating COVID-19 patients and the needy people were being neglected for other medical treatment. ICARE took a step to address this issue and be a helping hand of the Govt. by tying up with the district authorities for providing modern ophthalmic care and started mobilizing patients from the Primary Health Centers (PHCs), after their preliminary examinations and those requiring surgical interventions were picked up by ICARE following all the safety protocols for the prevention of COVID-19.



CATARACT AND ANTERIOR SEGMENT SERVICES

ICARE is the first in Asia and the only Eye Hospital to have the new Legion Phaco system. The cataract team is dedicated and focused towards eradicating curable blindness caused by cataract. This year we performed 6797 cataract surgeries. Lead by Dr Saurabh Choudhry we train DNB students, we also train short and long term fellows in this ophthalmic sub specialty.



Dr Charu Tandon examining a patient before Cataract Surgery



Dr Charu Tandon

TEAM CATARACT

Dr. Saurabh Choudhry | Dr. Reena M Choudhry | Dr. Charu Tandon | Dr. Uma Sridhar | Dr. Shalini Sharma
 Dr. Puneet Gupta | Dr. Rita Hansaria | Dr. Jyoti Batra | Dr. Isha Vatsal | Dr. Metu Rajput
 Dr. Dushyant Kumar Sharma | Dr. Hafsa Bashir | Dr. Vinayak Bhatia

GLAUCOMA

Glaucoma is a subspecialty in ophthalmology which deals with eye diseases that damage the optic nerve and results in a decrease in field of vision. Glaucoma affects approximately 60 million people globally and is the second most common cause of blindness. Our Glaucoma expert team provides full spectrum of care ranging from Medical therapy, Laser treatment, Traditional glaucoma surgery, Glaucoma valve implant to latest Minimally Invasive Glaucoma Surgeries (MIGS) for patients of all ages. We also provide training to ophthalmologists from different parts of country in glaucoma management and are part of ongoing research in glaucoma at national and international level.



COO Dr Reena Choudhry operating on a Glaucoma Patient

TEAM GLAUCOMA

Dr Reena M Choudhry
 Dr Rita Hansaria
 Dr Vinayak Bhatia
 Dr Isha Vatsal
 Dr Dushyant Kumar Sharma
 Dr Deepti Mittal

CORNEA

Cornea services at ICARE has three well trained and experienced specialists. The department is aided by a well-equipped eye bank which is the only eye bank in Noida. A tear science lab is being established at ICARE which can diagnose and treat all types of ocular surface disorders including dry eyes. It has the latest technology in diagnostics such as the Lipiview and the latest treatment modality Lipiflow. Advanced diagnostic tools like the Pentacam, Orbscan, Specular microscope and iTrace help diagnosis various corneal disorders. Highly specialized corneal surgeries including corneal transplantation, Femto Laser assisted corneal procedures are effectively performed by the corneal team. Autologous stem cell transplantation procedures such as simple limbal stem cell transplantation is also being done by our trained surgeons.



Dr Hafsa Bashir examining the Cornea of the Patient



Dr Jyoti Batra examining the Cornea of a Patient

TEAM CORNEA

Dr Uma Sridhar
 Dr Jyoti Batra
 Dr Hafsa Bashir

LOW VISION

In the last 29 years the optometry department has grown considerably, the current strength is 25. Ocular Tracey & Varion are state of the art facilities which have been added recently to cataract surgery department to give ultimate outcome. We added TMS - phoroptes in the OPD to give comfort and care to refractions where the vision chart is inbuilt. The department has developed its own software for vision therapy.



Low Vision

TEAM LOW VISION SERVICES

Mrs .Yogeshwari Bansal

RETINA

The Department of Vitreo Retina and Uvea services comprises of a team of experienced fellowship trained experts to deal with the most complex retinal and uveal diseases. The department has access to state of the art technology such as Indo cyanine green angiography, fundus fluorescein angiogram, optical coherence tomography, ocular ultrasound, retinal lasers, and advanced surgical systems such as Constellation with MIVS. The recently acquired Heidelberg Imaging System, the most advanced system in the world, has further augmented our diagnostic facilities, benefitting our patients. The Department has one of the most advanced Retinal services in Delhi-NCR and has a large referral base. **Diabetic Retinopathy Services:** The Institute offers the entire range of facilities for the diagnosis and treatment of Diabetic Retinopathy. The department conducts regular patient education programs. The center is a tertiary referral center for the management of advanced diabetic retinopathy. **Retinopathy of Prematurity (ROP) Clinic:** This condition which affects premature infants immediately after birth could be a blinding disease if not detected or left untreated at an early stage. Ophthalmologists trained in the treatment of ROP examine the eyes of premature infants in various neonatal centers in hospitals across the city and also in neighboring districts for early detection of this condition. The Institute provides laser treatment for this particular condition and also surgical expertise for advanced cases.



Dr Prashant Jain



Dr Anubhav Goyal examining a child for ROP

TEAM VITREO AND UVEA

Dr Shahana Mazumdar
 Dr Prashant Jain
 Dr Priyanka Khandelwal
 Dr Anubhav Goyal



Dr Prashant Jain examining a patient

OCULOPLASTY & OCULAR ONCOLOGY

The Department of Oculoplasty is involved in the evaluation and management of disorders of the lid, lacrimal system, orbit and ocular adnexa or structures around the eye. The department also offers cosmetic solutions including Botox, fillers, ocular prosthesis, and reconstruction. Tumours in and around the eye albeit rare, can be life threatening for which treatment is offered.



Dr Jyoti Batra Ohri



Dr Jyoti Batra Ohri checking a patient

TEAM OCULOPLASTY AND OCULAR ONCOLOGY

Dr Jyoti Batra Ohri



NEURO OPHTHALMOLOGY

Neuro Ophthalmology is the subspecialty that deals with disorders of the optic nerve. Common disorders include optic neuritis, Ischemic Optic neuropathies and Traumatic optic neuropathy. Diagnosis of these disorders requires electrophysiological tests such as VEP/ERG and EOG. At ICARE we have state of the art technology and trained doctors to help patients facing these issues.



Patient undergoing Fundus Fluorescein Angiography



Neuro Ophthalmology examination being done

TEAM NEURO OPHTHALMOLOGY

Dr Shahana Muzumdar | Dr Renu Grover | Dr Geeta Srinivasan

PAEDIATRIC OPHTHALMOLOGY

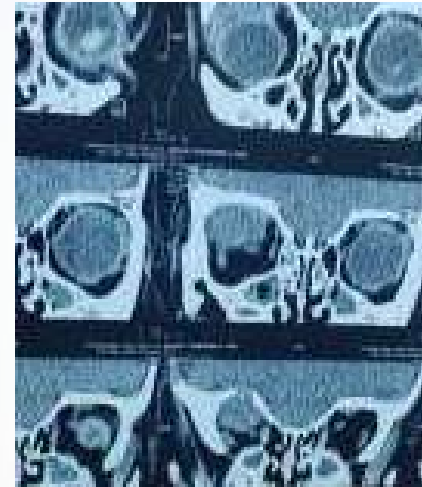
The paediatric ophthalmology and strabismus department treats infants and children upto 16 years of age. The department is well equipped with facilities to manage disorders of vision including refractive errors (need for eye glasses), lazy eye, strabismus (squint/crossed eyes), eye infections, allergies, watering from the eyes due to blocked tear ducts and childhood cataracts and other disorders. The department co-manages disorders like lid-drooping and retinopathy of prematurity with other specialty departments. We also have a fully functional Orthoptic facility with computerized vision therapy to treat eye muscle weakness.



Dr Geetha Srinivasan



Master Akshay suffering from Cancer in the Right Eye



Paediatric Ophthalmology area



Dr Geetha Srinivasan checking a young patient's eye

TEAM PAEDIATRIC OPHTHALMOLOGY AND STRABISMUS

Dr Geetha Srinivasan
Dr Renu Grover



REFRACTIVE SERVICES

Refractive services is a progressive team working diligently to provide freedom from spectacles. We provide Lasik, C-Lasik, ICL, PRK after conducting comprehensive tests to check the eligibility of the patient for a particular procedure. The team is led by Dr Saurabh Choudhry and has experienced doctors. The department has also trained surgeons for Lasik Procedure. Lasik surgery helps correct vision issues, however reading glasses may still be required with age.



Dr Meetu Rajput



CEO Dr Saurabh Choudhry performing Lasik Surgery

TEAM REFRACTIVE SERVICES



Dr Saurabh Choudhry | Dr Shalini Sharma | Dr Jyoti Batra | Dr Metu Rajput | Dr Hafsa Bashir

VISION THERAPY

Vision therapy is a variety of treatments based around eyes exercises. Vision therapy is like physical therapy for the visual system, including the eyes and the parts of the brain that control vision. It can include the use of lenses, prisms. We at ICARE have trained ophthalmologists who conduct these therapies for improvement in vision, if required. Vision therapy can relieve symptoms and improve outcomes for a variety of vision problems, including Amblyopic, Strabismus, phorias, Eye movement disorders.



A child undergoing Vision Therapy



Vision Therapy area

EYE BANK

The Eye Bank at ICARE, established in 2002 is recognized by the Eye Bank Association of India. As of today it is supported by Sanjay Anand Charitable Foundation, New York and Sankalp Charitable Trust-dedicated to Late Dr L.P Agarwal (Founder of Dr Rajendra Prasad Center for Ophthalmic Sciences and Former Director AIIMS, New Delhi). We celebrate National Eye Donation fortnight from 25 August to 8 September every year.



AWARENESS DRIVE

Due to the COVID-19 pandemic situation the activities related to the Eye Bank were discontinued. No awareness drive could be carried out during this time period.

QUALITY POLICY

1. To comply with all statutory and regulatory requirements.
2. To adhere to operational protocols of the institute, in order to reduce errors and enhance patient safety.
3. To promote on the job training to improve skills and competence of the staff.
4. to provide quality of care that exceeds the patients' expectations.
5. To ensure health and safety of the staff members.

During this Pandemic year ICARE also prepared and contributed towards fight against COVID-19. We started capacity building very quickly to prepare ourselves for the upcoming fight. Protocols were prepared afresh, some were amended, implementation, monitoring and most importantly maintaining these protocols was whole new experience all together. It was clear from start that this pandemic will not only test our organisation resilience but also every individual. We are gratified by the fact that ICARE team is strong and committed to quality patient care.

Commitment to care: Steps against COVID-19

Our first step was to constitute precautionary protocols for COVID-19, on basis if Government guidelines. HIC Committee conducted numerous meetings to discuss and finalize these protocols in line with International (CDC), National (MoHFW) and Professional (All India Ophthalmology Society-AIOS) Guidelines.

Red Eye Clinic:

It was step-up in June 2020, to examine and treat infectious patients. Separate area, Clinical and non-clinical staff designated for Red Eye clinic. Infrastructure and process protocols required for this project were discussed and decided by the HIC Committee.

Teleconsultation:

We knew from start that need for Teleconsultation will arise in due time, to cater the needs of existing patients and new patients. Thus, we started Teleconsultation in June 2020 and continuous till date.

Vaccination (Covishield):

All hospital staff were vaccinated twice by March, 2021. From 3rd March 2021, We participated in the World's largest vaccination programme.

Internal Audit Programme

Process monitoring has always been integral to continuous quality improvement. During this year, we had evolved processes and through various internal audits like PPE audit, COVID-19 protocol audit etc. we had been able to further refine our processes. Compliance to our new COVID protocols are more than 90% during pandemic and continues till date.



Teleconsultation going on with a patient

GLIMPSES OF VARIOUS TRAINING PROGRAMS



PUBLICATIONS

None due to Covid

CLINICAL TRIALS

Clinical trials determine the safety and effectiveness of medications, devices, diagnostic products. These may be used for prevention, treatment, diagnosis or for relieving symptoms of a disease. During the trial, investigators recruit subjects with the predetermined characteristics, administer the treatment(s) and collect data on the subjects' health for a defined time period. These academic medical centers often have their internal Institutional Review Boards/Ethics committee that oversee the ethical conduct of medical research. ICARE Eye Hospital & Post Graduate Institute participating in various global clinical trials for ophthalmological indications by experienced Investigators and plays a vital role in new drug development globally.

ICARE Eye Hospital & Post Graduate Institute participating in various global clinical trials for ophthalmological indications by experienced Investigators and plays a vital role in new drug development globally.

ICARE Eye Hospital & Post Graduate Institute Ethics Committee has been registered (EC/RENEW/INST/2019/3163) to Drug Controller General of India (DCGI) till June 2024

INSTITUTIONAL & CORPORATE DONORS

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M/S ALANKRITI JEWEL CRAFTS	GIVE INDIA FOUNDATIO
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M/S RAM C. KAPOOR & ASSOCIATES	SHAIL GARG SHIKSHA SANSTHAN
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S.J. JINDAL FOUNDATION	DHARAMPAL SATYAPAL SONS PVT. LTD.
FOOD CORPORATION INDIA	SANKALP CHARITABLE TRUST

OUR DOCTORS

S.No	NAME OF CONSULTANT	Designation	Specialization
1	Dr. Charu Tandon	Sr. Consultant	Cataract
2	Dr. Uma Sridhar	Sr. Consultant	Cornea
3	Dr. Saurabh Choudhry	Sr. Consultant	Cataract & Refractive
4	Dr. Reena Choudhry	Sr. Consultant	Cataract & Glaucoma
5	Dr. Geetha Srinivasan	Sr. Consultant	Paediatric
6	Dr. Shalini Sharma	Sr. Consultant	Cataract & Refractive
7	Dr. Shahana Mujumdar	Sr. Consultant	Retina & Uveitis
8	Dr. Rita Hansaria	Consultant	Glaucoma
9	Dr. Jyoti Batra	Consultant	Cornea
10	Dr. Vinayak Bhatia	Jr. Consultant	Glaucoma
11	Dr. Jyoti Batra Ohri	Consultant	Oculoplasty
12	Dr. Isha Vatsal	Consultant	Glaucoma
13	Dr. Renu Grover	Sr. Consultant	Paediatric
14	Dr. Meetu Rajput	Jr. Consultant	Cataract & Refractive
15	Dr. Puneet Gupta	Sr. Consultant	Cataract
16	Dr. Hafsa Bashir	Consultant	Cornea
17	Dr. Dushyant Kumar	Consultant	Glaucoma
18	Dr. Prashant Jain	Consultant	VR-Retina
19	Dr. Divya Jyoti Garg	Jr. Consultant	Cataract
20	Dr. Rahul Vaswani	Consultant	Cataract
21	Dr. Priyanka Khandelwal	Associate Consultant	VR-Retina
22	Dr. Anubhav Goyal	Sr. Consultant	VR-Retina
23	Dr. Deepti Mittal	Jr. Consultant	Glaucoma
24	Dr. Shrey Khanna	Jr. Consultant	Cataract

VACCINATION DRIVE



As vaccine accessibility expands globally, as vaccine hesitancy and access challenges subside, and as viral replication and variant generation are reduced, the number of viral-free pockets may well grow. Although vaccination may well continue to provide high levels of immunity against viral variants, booster doses are important to maintain the status quo.

We have continued the vaccine drive for reaching out larger population. From March, 2021 to 31st March, 2022 we have vaccinated 20690 beneficiaries, (Covishield = 16850, Covaxin = 3840). Vaccine worth Rs. 17.60 Lakhs were given free of cost to needy people, with the support from our Corporate partner – ICICI Foundation & HelpAge India - Axis Bank under CSR initiative.

CHILDREN VACCINATED AGAINST COVID-19

Children with age group 15-18 years and 12-14 years were vaccinated with their first dose and second dose along with the adults above 60 years with booster doses free of cost. We strived hard to be a part of National Mission of vaccinating all and saving the lives of crores of people".



As vaccine accessibility expands globally, as vaccine hesitancy and access challenges subside, and as viral replication and variant generation are reduced, the number of viral-free pockets may well grow. Although vaccination may well continue to provide high levels of immunity against viral variants, booster doses are important to maintain the status quo.

We have continued the vaccine drive for reaching out larger population. So far we have vaccinated 20690 beneficiaries, since March 21. (Covishield= 16850, Covaxin= 3840). Vaccine worth Rs. 17.60 Lakhs were given free of cost to needy people.



COMMUNITY SERVICE

ICARE was very enthusiastic for the new financial year 2021-22 but the situation that came on all too suddenly due to Second wave of COVID catching everyone unprepared. The multi-faceted activities of ICARE also slowly grounded again to a halt... almost w.e.f. 20th April, 21. All protocols such as hand washing, temperature screening, physical distancing, and eliciting travel history and so on were put in place more stringently again almost immediately to make the hospital safe for both the staff and patients.

Community Outreach from the early years, ICARE has reached out to the community through free eye camps. Today, there are two Secondary Centers in the district of Bulandshahr and Gautam Budh Nagar of Uttar Pradesh that offer out-patient care and IPD services. The model which we adapted in from 2020 during Pandemic continued - mobilizing beneficiaries from the Vision Centres to the Base and Secondary Centres for treatment and surgical intervention.

OPD SERVICES

ICARE provides free of cost ophthalmic services to poor patients in neighbouring villages of Delhi, in the state of Uttar Pradesh, Haryana & Rajasthan. We organize screening camps to reach out to people in need of ocular services as well as to create awareness. We also run a OPD at our Main Hospital, Noida where approximately 100 patients are examined without any charges. Patient screening was done in a systematic way and mass screening was restricted for controlling the spread of COVID disease.

Patients Examined During the Year 2021-22 at Different Locations

Main Hospital	Outreach	Khurja Centre	Sevika Raj. Centre	Dadri Centre	Vision Centres	Total
21047	17391	23065	1314	9982	12790	85589

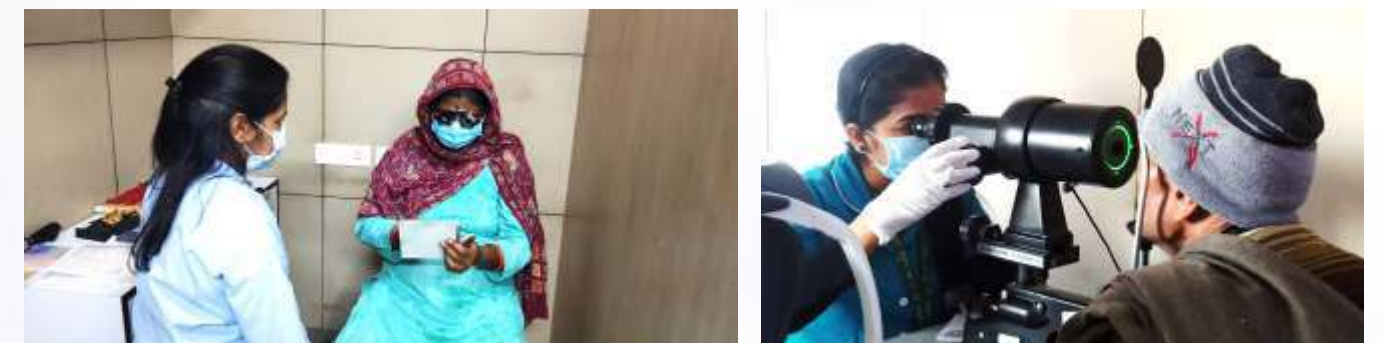


INVESTIGATIONS

Having good vision always helps to interact with the world around us. Some vision problems can be easily corrected. Some can't be cured. However, if detected early and treated, many eye diseases can be corrected or the disease process slowed so the vision loss can be reduced. Some vision problems have no early warning signs; with the result the rural population often reaches to an eye health professional when they start losing the vision. We at ICARE perform the needed tests for these poor people who come to us for the treatment and surgery so that risk of losing sight may be minimized and help them to see the best.

INVESTIGATIONS DONE DURING THE YEAR 2021-22 AT CHARITY WING

S. No	NAME OF INVESTIGATION	Nos.
1	ANTERIOR SEGMENT OPTICAL COHERENCE TOMOGRAPHY (ASOCT)	9
2	BARRAGE LASER	2
3	CENTRAL CORNEAL THICKNESS (CCT)	105
4	CORNEAL TOPOGRAPHY (PENTACAM)	47
5	CYCLO CRYO LASER	5
6	ELECTRORETINOGRAM (ERG)	4
7	ERG + EOG	6
8	FOCAL LASER	28
9	FUNDUS / DISC PHOTOGRAPH	69
10	FUNDUS AUTOFLUORESCENCE (FAF)	4
11	FUNDUS FLUORESCIN ANGIOGRAPHY (FFA)	124
12	HUMPHREY VISUAL FIELDS (HVF)	196
13	LIPIVIEW	2
14	OPTICAL COHERENCE TOMOGRAPHY (OCT MACULA)	419
15	OPTICAL COHERENCE TOMOGRAPHY RNFL (OCT)	48
16	PAN RETINAL PHOTOCOAGULATION (PRP)	97
17	SPECULAR MICROSCOPY	12
18	ULTRASOUND BIO MICROSCOPY (UBM)	12
19	ULTRASOUND B-SCAN	1339
20	VISUAL EVOKED POTENTIAL (VEP)	28
21	YAG LASER CAPSULOTOMY	104
22	YAG LASER IRIDOTOMY (PI)	50
	TOTAL INVESTIGATIONS DONE	2710



SURGERIES CONDUCTED (COMMUNITY)

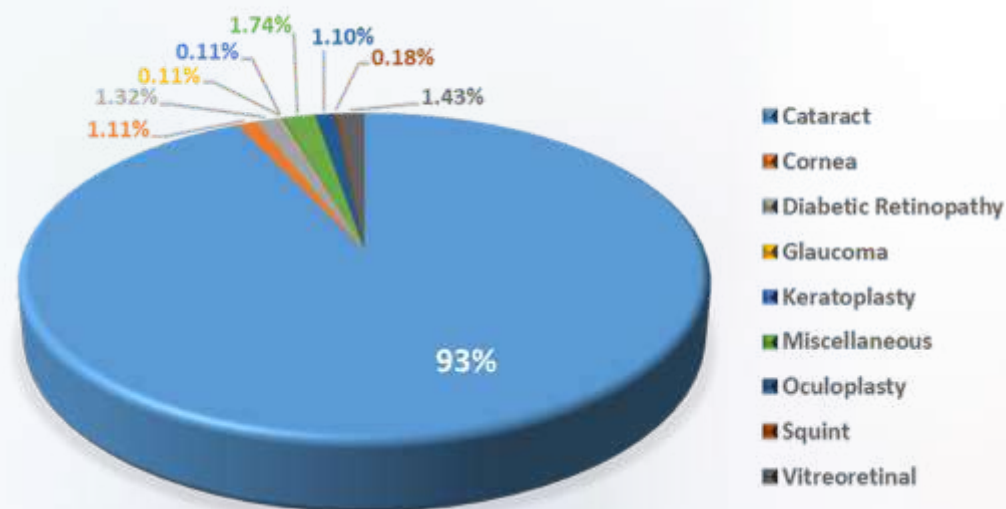
The COVID-19 pandemic has profoundly impacted the delivery of ophthalmic care in the country. Hospitals have seen a drastic decline in outpatient visits as well as procedures, and have experienced a significant loss in revenue.

According to the National Programme for Control of Blindness (NPCB), India is home to a third of the world's visually challenged population. The country has around 12 million individuals with visual impairment as against the global total of 39 million.

The latest national survey for blindness and visual impairment carried out in India highlighted that corneal issues are the second most common cause of blindness in India after cataract. There are only two ways to manage this – preventive measures to ensure that vision problems do not occur and are not serious or integration of eye healthcare with primary healthcare centers.

Cataract cannot be treated with any medicine; eye drops or laser. The only guaranteed treatment of cataract is surgical removal of clouded natural eye lens with an artificial transparent one known as intra-ocular lens (IOL). This artificial intra-ocular lens is made up of plastic, silicone or acrylic and performs functions similar to natural lens. During the year, 93% of our surgeries were cataract and other 7% were Cornea, Glaucoma, Squint, Retina, etc.

CATEGORY OF SURGERIES 2021-22 (COMMUNITY)

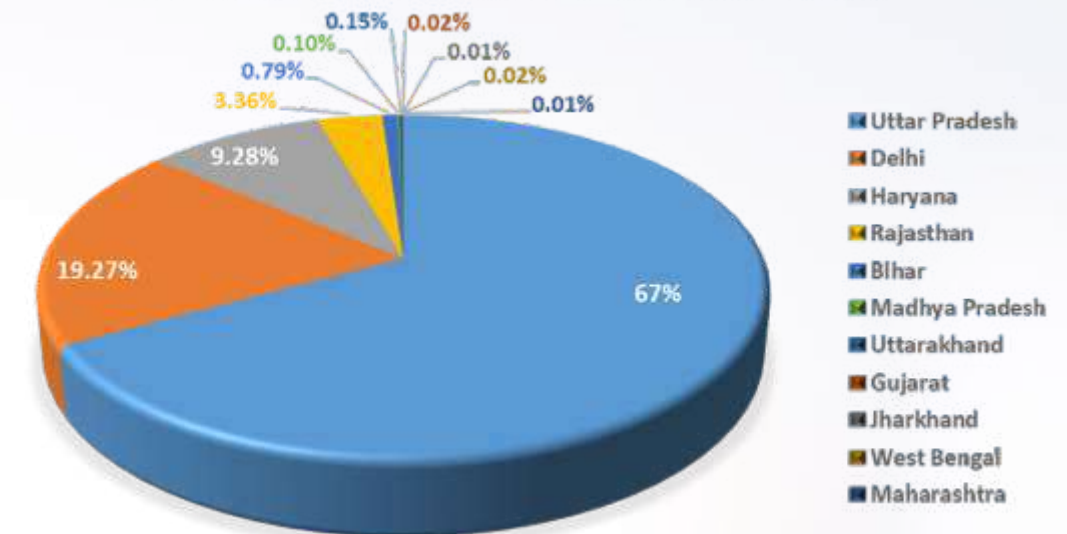


CATEGORY OF SURGERIES 2021-2022	
CATEGORY	Grand Total
CATARACT	12316
CORNEA	147
DIABETIC RETINOPATHY	175
GLAUCOMA	14
KERATOPLASTY	15
MISCELLANEOUS	231
OCULOPLASTY	146
SQUINT	24
VITREORETINAL	189
GRAND TOTAL	13257



SURGERIES CONDUCTED (COMMUNITY)

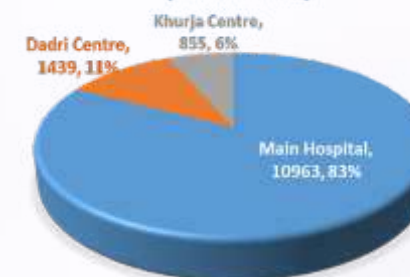
STATEWISE SURGERIES 2021-22 (COMMUNITY)



BENEFICIARIES FROM DIFFERENT PARTS OF THE COUNTRY

STATES	Nos.
UTTAR PRADESH	8881
DELHI	2555
HARYANA	1230
RAJASTHAN	445
BIHAR	105
MADHYA PRADESH	13
UTTRAKHAND	20
GUJARAT	3
JHARKHAND	1
WEST BENGAL	3
MAHARASHTRA	1
Grand Total	13257

CENTRE-WISE SURGERIES 2021-22 (COMMUNITY)



GENDER-WISE SURGERIES 2021-22 (COMMUNITY)



BASEMENT RENOVATION IMAGES



ENTRANCE TO RETINA DEPARTMENT



RETINA RECEPTION

BASEMENT RENOVATION IMAGES



RETINA WORK-UP AREA



WAITING AREA



WAY TO LOW VISION ROOM



PAEDIATRIC AREA (KIDS VISION CLUB)

SELECTIVE AWARDS AND RECOGNITION 1993 ONWARDS

List of Awards in the Field of Community Healthcare	
1.	Rural Excellence Award by Vision of India in 2010
2.	Lifetime Achievement Award by Friendship Forum of India on 27th Nov,2011
3.	Uttar Pradesh Excellence Award for Community Healthcare in 2011
4.	U.P. Ratan 2011; Rajiv Gandhi Rashtra Nirman 2011
5.	IMAAN INDIA Award presented by Aavishkar Media Group on 17th August,2013 for the untiring efforts to bring a positive SOCIAL CHANGE in INDIA
6.	Dr. T.P Aggarwal Trophy for best free paper presentation Session, Cornea
7.	Dr. RJK Singh Community Ophthalmology Award, UTTARA EYECON, 2015 by Uttarakhand State Ophthalmological Society for his noteworthy contribution in the field of Ophthalmology
8.	Modernites Excellence Awards on 14th May, 2016 for accomplishments and distinguished contribution in Healthcare and Public Service.
9.	India Inclusion Award for excellence in Social Responsibility – July, 2017 by Speaking
10.	FICCI 10th Healthcare Excellence Awards – Social Initiative – 30th August,2018
11.	AIOS P. Awasthi Award 2018 for Excellence in Community Ophthalmology
12.	CII Star ICON Award – 24th Nov,2019

AWARDS 2021-2022



NOIDA AUTHORITY AWARDED ICARE 3rd RANK IN THE RANKINGS FOR GB NAGAR DISTRICT

AWARDS 2021-2022



ECONOMIC TIMES HEALTHCARE AWARDS RECOGNISED ICARE AS THE BEST HOSPITAL OPHTHALMOLOGY IN NORTH INDIA

CASE STUDIES

SANEHI W/O SODAN
VILLAGE NAGLA
DISTRICT SAMBHAL, UP
MOB. 8006293866 (Husband)
MRD No. OP61756

Sanehi a 59 years old woman came to us from Anoopshahr in UP. She hails from Sambhal, in UP where she lives with her family son and grandchildren. They have a small piece of agricultural land in the village. She and her husband worked very hard for bringing up their children as they did not had enough land and had no other means of income. They had a few cattle, so they were able to provide milk to the children and eke a living by selling the milk.

She was married when she was only 16 years old. Her husband passed away few years ago. Life was stable and she has no regrets as she is being looked after well by her children.

Being an arthritic patient, her fingers have become disfigured so much so that she is unable to cook comfortably as well as carry out other domestic work. Taking strong medication for arthritis from an early age had other side effects and she developed cataract in both her eyes.

Her neighbour informed her about ICARE hospital in



Noida and she persuaded her son to take her there.

At the hospital she was diagnosed as having cataract and was advised surgery. At the hospital she underwent a complete comprehensive examination and her surgery was scheduled for the next day. After successful surgery in her right eye she was delighted when she discovered that she could now see from the operated eye. She was also very happy that she had found a facility which she could access with some ease. She also decided that she would come once again to get her other eye operated at ICARE too.

CASE STUDIES

MOMINA W/O MEENU
33 NAI BASTI, LONI,
GHAZIABAD, UP
9953994374 (Husband)
MRD NO. OP61552

Momina, a 55 years old lady came to us from Village Nai Basti, Loni, and Ghaziabad. She is staying with her husband and a 22 year's old handicapped son. One of her son is a vegetable vendor at Baghpat, in UP and staying there with his children and wife. Her husband works as labourer and looks after her and heir disabled child. They have a small Kutcha house to live but no agricultural land.

Her husband worked so hard throughout his life alone as Momina has to look after their ailing child and could not work outside. The child needs 24x7 attendants.

Her vision started diminishing in both eyes, the left one being worse. She was more worried about his son than her and depressed over it. She did not have financial means to get herself treated in a private hospital and Govt Hospital has given her date after six months. One day she came to know about the vision centre being run by ICARE at East Delhi in the slum area. She consulted the doctors there free of cost and



she was advised to get her surgery done for left eye for cataract. She was given transport to the base hospital from the vision centre which she was never expecting.

At base hospital Noida her surgery was performed on 2nd April with IOL implant. She was so happy with her eye sight restored when her bandage opened the next day. Momina is able to oversee the house and her disabled son now. Her husband is very happy for her as she is confident again.

ACTIVITY PHOTOGRAPHS



Registration of patient at eye camp site



Pick up of cataract identified patients



Ambulance dropping Cataract identified patients at the base hospital



Covid-19 Precautions taken at hospital



Optometrist performing vision / refraction



Keratometry of the eye being performed for measuring the anterior corneal curvature of the eye

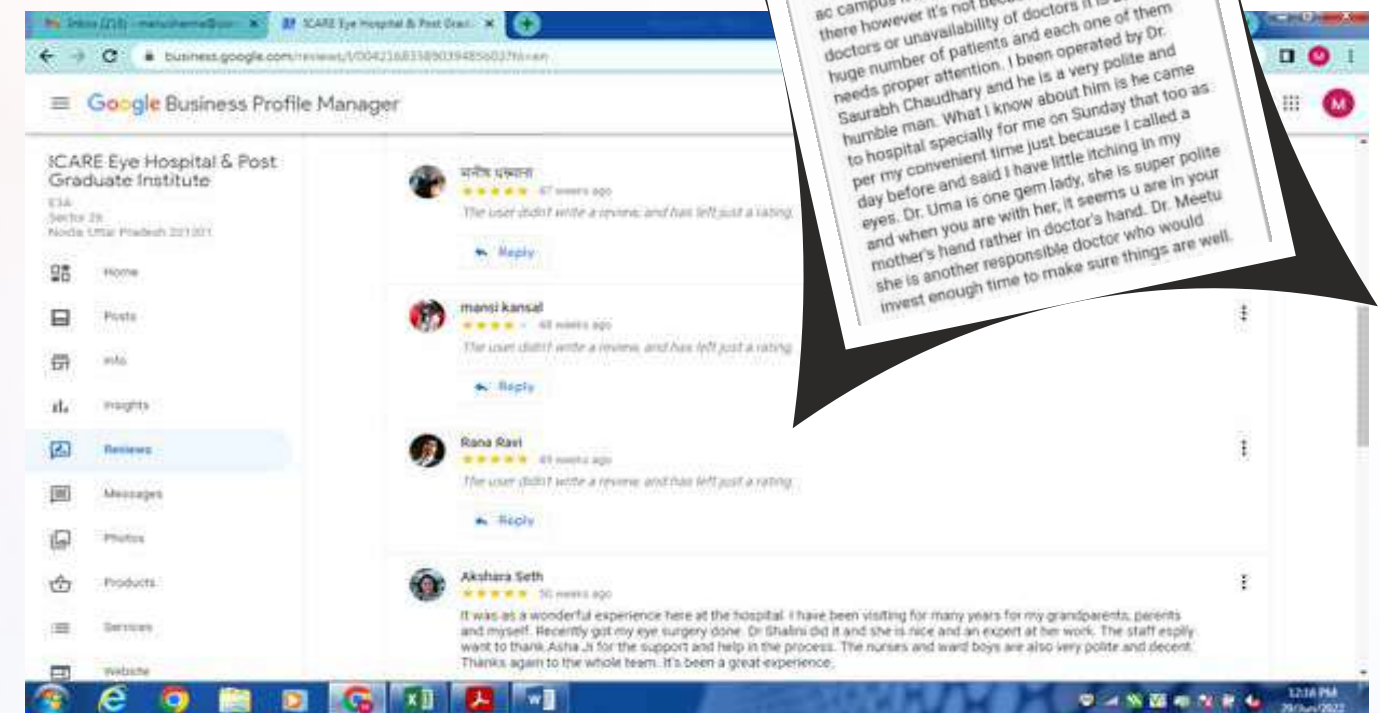
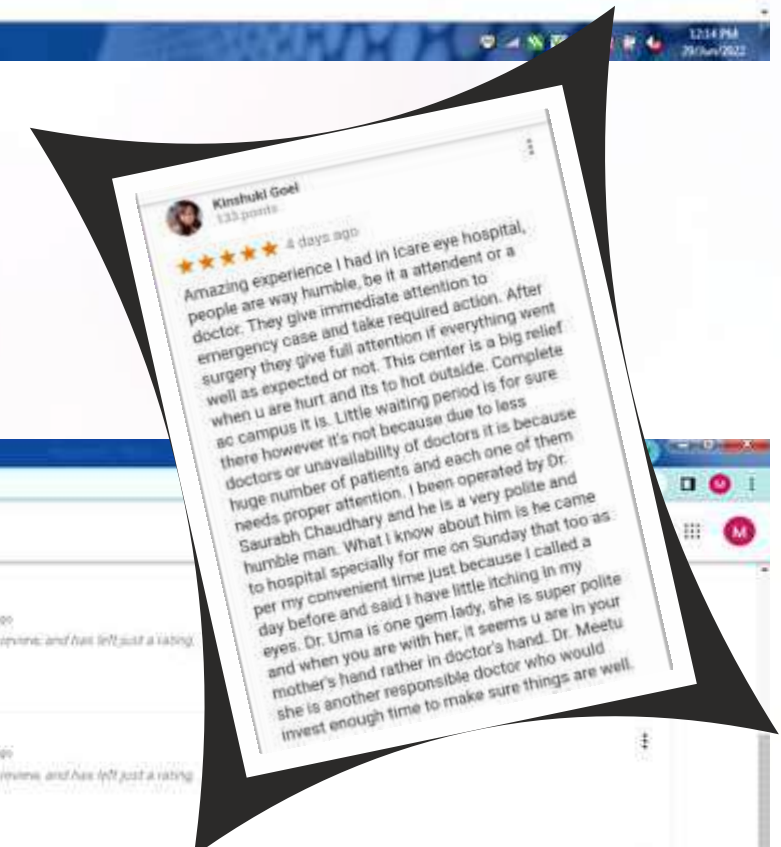
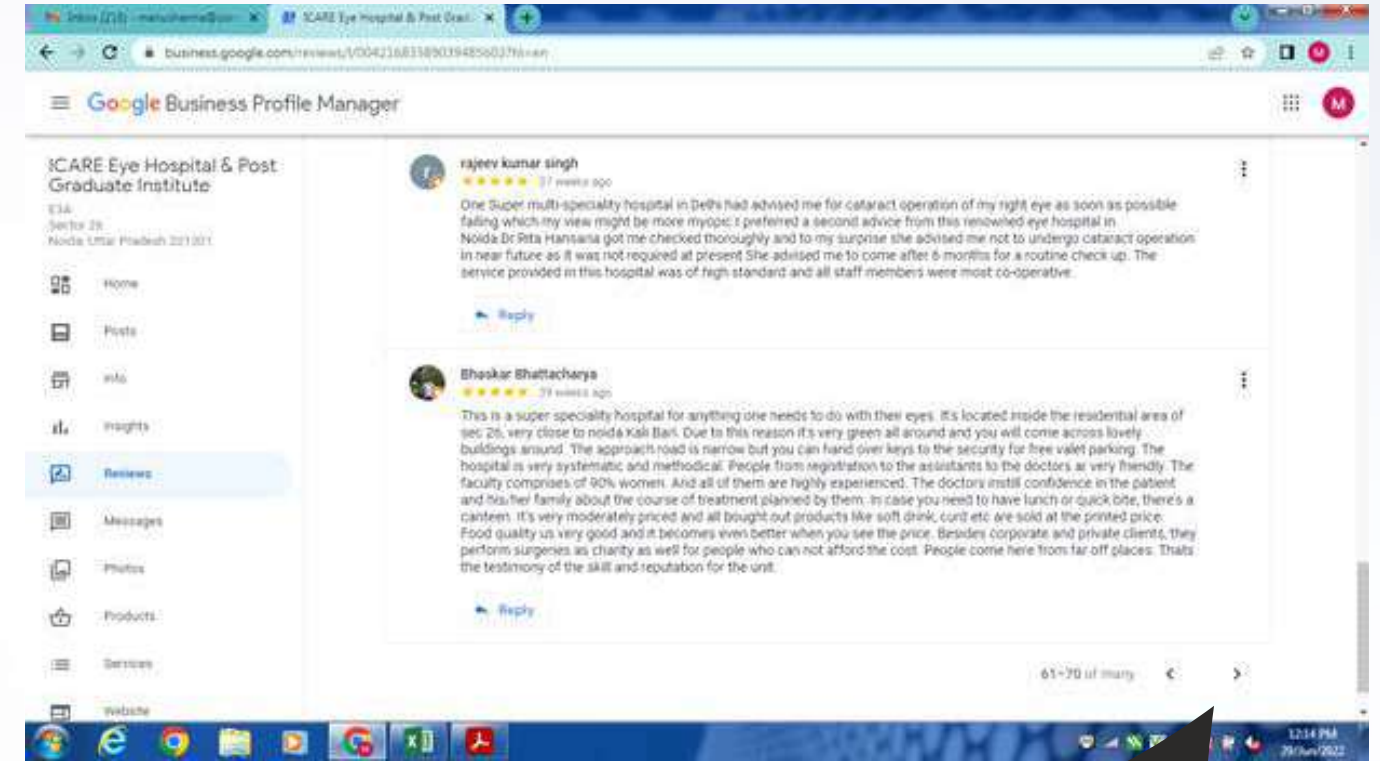


Eye being examined through Slit Lamp



Surgery patients being served meal

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MRS. NEETA KUKREJA	MRS. SHOBHA SAHAY	MS. SAUMYA CHOPRA
MRS. NEETI MALHOTRA	MRS. SHRESHTHA PADALIA	MS. SHISHU SETH
MRS. NEETU SHROFF	MRS. SHYAMKALI DEVI	MS. SHUCHI SHARMA
MRS. NIRMAL GUPTA	MRS. SHYAMOLI CHAKRAVORTY	MS. SONIKA MITTAL
MRS. NIRMALA LAHOTI	MRS. SMITA SHAH	MS. SRAVYA GADAMSETTY
MRS. NISHAT ANJUM	MRS. SNEH LATA RAKHRA	MS. SUKHMARNEE SINGH
MRS. NISHI BAJPAI	MRS. SRI VIDYA GILL	MS. UPASNA GOSWAMI
MRS. NITA BHASIN	MRS. STUTI JAIN	MS. VANI SUBRAMANIAN
MRS. NITA SABHARWAL	MRS. SUCHANDRA BANERJEE	MS. VARTIKA SRIVASTAVA
MRS. NUPUR BHARGAVA	MRS. SUDARSHAN KHANNA	MS. YASHASHVI GOYAL
MRS. PADMA SHARMA	MRS. SUDESH KHOSLA	WG. CDR. HEMANT KUMAR
MRS. PALKA BHASIN	MRS. SUDESH SURI	WG. CDR. R. K. SHUKLA
MRS. PARUL AGGARWAL	MRS. SUMAN JAIN	WG. CDR. SUBHASH CHANDER
MRS. PAULINE SHARMA	MRS. SUMAN KAPOOR	MULLICK
MRS. PINKI CHANDOK	MRS. SUMAN MODI	WG. CDR. V. K. KHOSLA
MRS. POONAM GUPTA	MRS. SUMAN VASHISTHA	WG. CODR. K. L. MEHRA
MRS. PRATIMA JHINGAN	MRS. SUMEDHA CHOUDHARY	
MRS. PREM BHANDARI	MRS. SUNITA BHANDARI	
MRS. PREM LUTHAR	MRS. SUNITA GROVER	

BALANCE SHEET

ISHWAR CHARITABLE TRUST
(Registered Office : C-57, Basement Defence Colony, New Delhi -110024)
(Principal Working Place : E - 3A, Sector - 26, Noida - 201301)
BALANCE SHEET AS AT 31ST MARCH, 2022

(All amounts in INR)

Particulars	Schedule No.	As At 31.03.2022	As At 31.03.2021
I. SOURCES OF FUNDS			
1. CAPITAL FUND (INCLUDING GENERAL RESERVE)	1	629,763,779	499,132,480
2. CORPUS FUND	2	18,000,000	84,124,587
3. LOAN AND BORROWINGS			
(a) Secured Loans	3	1,875,000	-
4. CURRENT LIABILITIES & PROVISIONS			
(a) Sundry Creditors	4	53,704,728	48,045,801
(b) Other Payables			
(i) Expenses Payable	5	13,860,589	13,652,303
(ii) Others Current Liabilities	6	4,969,284	6,350,541
(c) Provisions			
(i) Long Term Provisions	7	10,682,942	9,434,905
(ii) Short Term Provisions	8	1,348,209	1,145,089
TOTAL		734,204,531	661,885,707
II. APPLICATION OF FUNDS			
1. FIXED ASSETS			
Gross Block (including Capital WIP)	9	569,215,010	627,848,099
Less: Depreciation		289,110,377	256,971,077
Net Block		280,104,634	370,877,022
2. INVESTMENT KEPT IN MODES SPECIFIED U/S 11(5)	10		
(a) Corpus Donation		18,000,000	-
(b) Other from Own Fund		78,000,000	-
3. INVESTMENTS KEPT IN MODES OTHER THAN SPECIFIED U/S 11(5)			
(a) Non Current Investments	11	163,506,582	140,940,341
4. CURRENT ASSETS & LOANS AND ADVANCES			
(a) Closing Stock of Consumable, Medicine, IOL & Spectacles	12	24,004,893	21,464,924
(b) Sundry Debtors	13	40,869,916	27,375,320
(c) Cash and Bank Balance			
(i) Balance with Banks	14	65,126,081	55,999,493
(ii) Cash in Hand	15	932,194	784,618
(d) Advance Recoverable in Cash or in Kind or for value to be received	16	63,660,232	44,443,989
TOTAL		734,204,531	661,885,707

As per Our Report of Even Date Attached.

Schedules, Significant Accounting Policies and Notes on Financial Statements form an integral part of these Financial Statements.

For Adarsh Sharma & Co.
Chartered Accountants

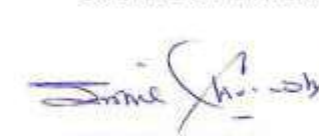



Adarsh Sharma
Proprietor
Membership No. 082527
FRN.017661N

Place : New Delhi
Date : 26-09-2022

UDIN:- 22082527 AVEEM3083

For Ishwar Charitable Trust

Dr. Sushil Choudhry
Managing Trustee

Dr. Saurabh Choudhry
Trustee

NATIONAL PARTNERS



INTERNATIONAL PARTNERS



INTERNAL COMPLAINT COMMITTEE

Sexual Harassment of Women at Workplace
(Prevention, Prohibition and Redressal) Act, 2013 ("PoSH Act")

S.No.	Member Name	Title
1.	Mrs. Sushila Joshi	Chairperson
2.	Dr. Reena M Choudhry	Convener
3.	Dr. Charu Tandon	Co-Convener
4.	Dr. Geetha Srinivasan	Consultant Incharge: Optometry
5.	Mr. Mitul R. Patel	Vice-President
6.	Mr. N.L. Parashar	HR Manager
7.	Dr. Swati Nagar	PCS Manager
8.	Mrs. Yogeshwari Bansal	Head Optometry Training
9.	Mr. Mukesh Bhatt	Manager Community Services
10.	Mr. Deepak Khanna	NGO: Sarva Samman

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CSR Projects

Mrs. Sushila Joshi, General Manager - M : 9811408953 / E : admin@icarehospital.org

Cash / Cheque / DD - In favor of "Ishwar Charitable Trust" to be sent along with address and PAN.
Ms. Nidhi Takyar, Executive - M : 9999101014 / E : donation@icarehospital.org

Net Banking - Account Holders Name: ISHWAR CHARITABLE TRUST
Bank Account Number: 50100069093743 / Bank: HDFC Bank Ltd. Plot No. 118, Block D, Sector-26,
Noida, Uttar Pradesh -201301 / Branch Code: 651 / Account Type: Saving Account
IFSC Code: HDFC0000651 / SWIFT CODE: HDFCINBB / MICR Number: 110240112

Trust Registration No.5524 | PAN : AAATI0312B | FCRA No. 231650416
12-A No.- DLI(C)(T-1070) | 80G No. : DIT(E)80G/10-11/1-290/765
10 (23C) – AAATI0312BD20214 dated 23-09-2021
80G – AAATI0312BF20210 dated 01-10-2021



ICARE Eye Hospital & Postgraduate Institute- Unit of Ishwar Charitable Trust
Address : E3A, Sector-26, Noida – 201301, UP | Tel. : +91 - 120 - 3586666/600/601/602
Fax : +91-120-25576389 | Website : www.icarecharitablefoundation.org
Indian Donors are eligible for 50% tax exemption under 80G of Income Tax Act 1961



ICARE Charitable Foundation
Address : ASPIRA of New York, Inc: 630 Ninth Avenue, Suite 302, New York, NY 10036
Contact : Mr. Sunil Anand | E : sanand@nyaspira.org | Website : www.aspirany.org
US Donors are eligible for 40% tax exemption under 501 (C)(3) of the Internal Revenue Code
and exempted from Estate Duty EIN : 27-5399354



Ishwar Charitable Foundation : Registration No. 1177561
Address : 8, Woodside Road, New Malden, Surrey KT3 3AH, UK
donation@icarehospital.org
UK Donors are eligible for 40% tax exemption