



**ICARE Eye Hospital & PG Institute**

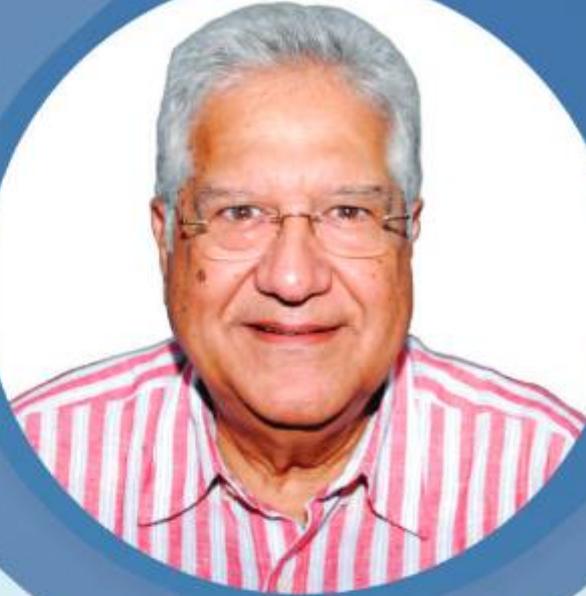
# ANNUAL REPORT | 2022-2023



[www.icarehospital.org](http://www.icarehospital.org)

[www.icarelasik.com](http://www.icarelasik.com)

[www.ishwarcharitabletrust.org](http://www.ishwarcharitabletrust.org)



## **Mr. Arjun Malhotra**

Chairperson

As we complete our 29th year and move to the 30<sup>th</sup> year, we continue to make great strides in both charitable and private work, introducing cutting edge technology for both divisions.

We concluded the year with a combined private and community record of 29,435 Surgeries performed and 2,52,784 screenings. In comparison to the previous year (FY21-22) our surgeries increased by 26% from 23,364 surgeries and screenings by 33% from 1,89,454.

Since our founding in 1993, we have performed 3,80,323 surgeries and 46,23,726 screenings. Our secondary centres' Bhajanlal NTPC ICARE Eye Hospital in Dadri and Rotary Sewa Trust ICARE Eye Hospital in Khurja both contributing to the community work & the outreach programmes.

We have always ensured, we use the best-in-class technology & equipment. This year we inducted 18 types of new equipments like the latest WaveLight EX500 Contoura for LASIK, Revalia Microscope, Green LASER, OCT Cirrus etc across our clinical departments. These are all major enhancements and value add for our patients.

I take this opportunity to express my appreciation to our Donors, Patients, Dedicated Doctors & Staff who continually raise standards and ensure world class quality of care.

I wish you good health and thank you for being a part of ICARE's 29 Years Journey.

Best Wishes.



## **Dr. Sushil Choudhry**

Managing Trustee

Completing 29 years is a significant achievement in the history of any institution. For us at ICARE, it has been a long road that has got us here.

Remaining true to our Vision, 60% of our work continues to be in community ophthalmology with 17,560 surgeries performed & 1,20,076 patients screened for the financial year 2022-2023. Since 1993 our community surgeries have been 2,62,369 out of a total of 3,80,323 surgeries i.e almost 70% our or surgeries are from community ophthalmology department.

Our robust outreach programme in a 200 KM radius conducted 636 free screening camps for the poor, 9966 patients received free medicines, 19303 received free spectacles & 5318 investigations.

The DNB programme one of the oldest in the region, along with our Eye Bank continues to be cornerstone of our academic commitment to the ophthalmology profession. We have also started a 6 month Optometry Internship Programme for graduate optometrists, to enable new graduates to enhance their clinical skills and make them Industry ready.

The Embassy of Japan once again and ICICI Bank Foundation contributed significant numbers of equipments for community investigations, as well as a first in India dedicated Retina clinic for the poor.

With these enhancements, I am confident ICARE, will continue to grow, and have a positive impact on society.

I thank all our Patients, Donors, Dedicated Doctors and Staff.

Best Wishes.

# TRUST BOARD MEMBERS



**MR. ARJUN MALHOTRA**

**CHAIRPERSON**  
Co Founder HCL &  
Headstrong,  
Chairperson Ishwar  
Charitable Trust



**DR. SUSHIL CHOUDHRY**

**MANAGING TRUSTEE**  
Doctor, Managing Trustee  
Former lecturer at  
Maulana Azad Medical College.  
Founded Ishwar  
Charitable trust  
in 1982.



**DR. SAURABH CHOUDHRY**

**SECRETARY & CEO**  
Doctor, Secretary Ishwar Charitable  
Trust & CEO  
Anterior segment consultant  
specializing in Cataract &  
Refractive surgery.



**DR. REWA CHOUDHRY**

**TREASURER**  
Doctor, Former HOD Anatomy,  
Lady Hardinge Medical College.  
Former Principal of the  
Vardhaman  
Mahavir Medical College.



**DR. D.V. KAPUR**  
**TRUSTEE**

Founder Chairman &  
Managing Director of National  
Thermal Power  
corporation (NTPC)



**MR. R. C. BHARGAVA**  
**TRUSTEE**

Chairman Maruti Suzuki and  
Served in the Indian  
Administrative Service  
(IAS)



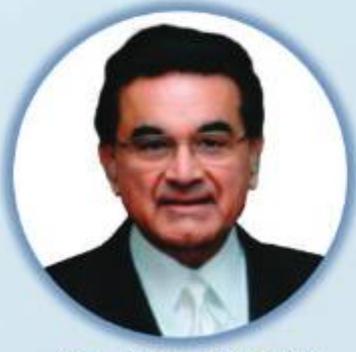
**MR. S. R. WADHWA**  
**TRUSTEE**

Retired IT Commissioner  
Renowned Tax Advocate. He is  
considered as a Tax authority in India.  
Served as special tax advisor to several  
foreign governments



**MR. DINESH MATHUR**  
**TRUSTEE**

Chairman & MD of  
Akriti Creations



**MR. SUNIL ANAND**  
**TRUSTEE**

Audit Professional  
in USA Certified CPA in  
USA & Philanthropist.



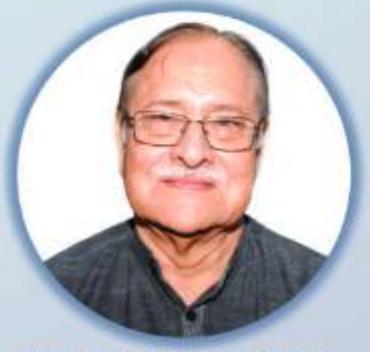
**MR. SURINDER MALIK**  
**TRUSTEE**

Chairman & MD  
Da Milano



**MR. SUBODH BHARGAVA**  
**TRUSTEE**

Former Chairman Tata Communication,  
Chairman Emeritus Eicher Group,  
Boards of several Tata Companies,  
Past President of CII



**MR. HIRALAL ZUTSHI**  
**TRUSTEE**

Former Chairman &  
MD HPCL



## **Mission**

ICARE is committed to provide comprehensive quality ophthalmic services of International Standards to all sections of society at an affordable cost.

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## **Vision**

To excel in cutting edge technology in eye care, education and research in ophthalmology.

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## **Value**

To deliver quality, ethical medical and surgical eye care services.

## THEN & NOW



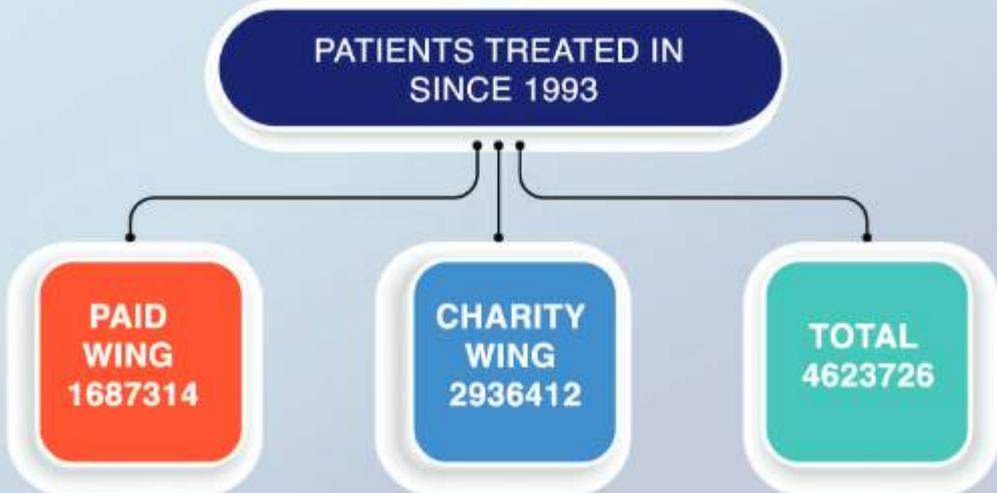
After the demise of Dr. Sushil Choudhry's mother, Smt. Ishwar Choudhry, he registered ICT - Ishwar Charitable Trust (ICT) in 1982 with the amount of Rs. 5000 she left as an insurance. It all started with a clinic from his residence at Panchsheel Park, Delhi in 1981 after seeing the ever-growing need of ophthalmic care for poor people in the remote and rural areas.

ICARE has come a long way to become a landmark hospital for eye related services in the last 29 years. His vision and dedication has made sure that ICARE has become one of the best eye hospitals offering state of the art facilities. We take pride in being a hospital with a heart.

# 2022-2023 AT A GLANCE



## OPD



# COMMUNITY WING



## **WALK- IN OPD**

Patients from semi urban and rural surroundings requiring eye treatment reach to us in Free OPD section at the Base Hospital Noida, Secondary Hospitals at Khurja in Bullandshahr district, Dadri at Gautam Budh Nagar and Swai Madhopur at Rajasthan.

## **VISION CENTRE MODEL**

ICARE adapted a new model of mobilizing beneficiaries from the Vision Centres to the Base and Secondary Centres for treatment and surgical intervention. The Vision Centre team organizes the patients' referrals to the hospital, reaching out to family members in the community, arranging transportation to the hospital, and systematically removing the barriers that kept the patient from receiving surgery. The combined effort of both the Vision Centres and the Base or Referral Hospital reduces the load of visual disability in the community.

# CENTRES

## Base Hospital ICARE Eye Hospital, Noida



## Secondary Centres



Dadri Centre



Khurja Centre

## Vision Centres



Vision Centre in Tahirpur, Delhi in Collaboration with Sight Savers



Raahi (Vision Centre in Faridabad in Collaboration with Sight Savers)



Shikarpur Vision Centre

# CLINICAL DEPARTMENTS

## CATARACT AND ANTERIOR SEGMENT SERVICES



ICARE is the first in Asia and the only Eye Hospital to have the new Legion Phaco system. The cataract team is dedicated and focused towards eradicating curable blindness caused by cataract. This year we performed record 11,704 surgeries. Lead by Dr. Saurabh Choudhry we train DNB students, we also train short and long term fellows in this ophthalmic sub specialty.

### TEAM CATARACT

Dr. Saurabh Choudhry | Dr. Reena M Choudhry | Dr. Charu Tandon | Dr. Shalini Sharma  
Dr. Puneet Gupta | Dr. Rita Hansaria | Dr. Jyoti Batra | Dr. Isha Vatsal | Dr. Metu Rajput  
Dr. Dushyant Kumar Sharma | Dr. Hafsa Bashir | Dr. Suman Grover | Dr. Saurabh Jain  
Dr. Sonali Verma

## GLAUCOMA



Glaucoma is a subspecialty in ophthalmology which deals with eye diseases that damage the optic nerve and results in a decrease in field of vision. Glaucoma affects approximately 60 million people globally and is the second most common cause of blindness. Our glaucoma expert team provides full spectrum of care ranging from Medical therapy, Laser treatment, Traditional glaucoma surgery, Glaucoma valve implant to latest Minimally Invasive Glaucoma Surgeries (MIGS) for patients of all ages. We also provide training to ophthalmologists from different parts of country in glaucoma management and are part of ongoing research in glaucoma at national and international level.

### TEAM GLAUCOMA

Dr. Reena M Choudhry | Dr. Rita Hansaria | Dr. Vinayak Bhatia | Dr. Isha Vatsal  
Dr. Dushyant Kumar Sharma | Dr. Suman Grover

## CORNEA



Cornea services at ICARE has well trained and experienced specialists. The department is aided by a well-equipped eye bank which is the only eye bank in Noida . A tear science lab is being established at ICARE which can diagnose and treat all types of ocular surface disorders including dry eyes. It has the latest technology in diagnostics such as the Lipiview and the latest treatment modality Lipiflow. Advanced diagnostic tools like the Pentacam, Orbscan, Specular Microscope and iTrace help diagnosis various corneal disorders. Highly specialized corneal surgeries including corneal transplantation, Femto Laser assisted corneal procedures are effectively performed by the corneal team. Autologous stem cell transplantation procedures such as simple limbal stem cell transplantation is also being done by our trained surgeons.

### TEAM CORNEA

Dr. Uma Sridhar | Dr. Jyoti Batra | Dr. Hafsa Bashir

## OCULOPLASTY



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### TEAM OCULOPLASTY AND OCULAR ONCOLOGY

Dr. Nupur Goel | Dr. Surabhi Shalini

## LOW VISION



In the last 29 years the optometry department has grown considerably, the current strength is 25. Ocular Tracey & Varion are state of the art facilities which have been added recently to cataract surgery department to give ultimate outcome. We added TMS - phoroptes in the OPD to give comfort and care to refractions where the vision chart is inbuilt. The department has developed its own software for vision therapy.

### TEAM LOW VISION

Ms. Yogeshwari Bansal

## RETINA



The Department of Vitreo Retina and Uvea services comprises of a team of experienced fellowship trained experts to deal with the most complex retinal and uveal diseases. The department has access to state of the art technology such as Indo Cyanine Green Angiography, Fundus Fluorescein Angiogram, Optical Coherence Tomography, Ocular Ultrasound, Retinal Lasers and advanced surgical systems such as Constellation with MIVS. The recently acquired Heidelberg Imaging System, the most advanced system in the world, has further augmented our diagnostic facilities, benefitting our patients. The Department has one of the most advanced Retinal services in Delhi-NCR and has a large referral base.

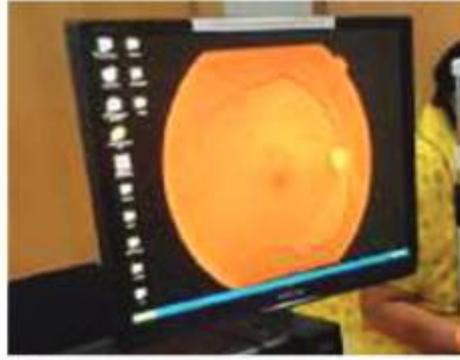
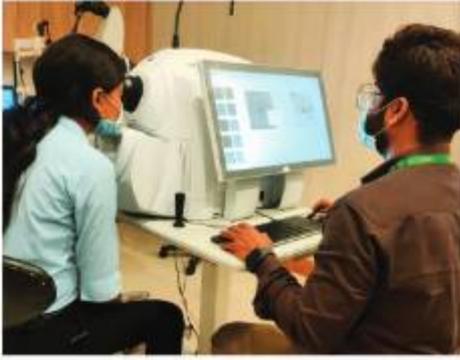
**Diabetic Retinopathy Services:** The Institute offers the entire range of facilities for the diagnosis and treatment of Diabetic Retinopathy. The department conducts regular patient education programs. The center is a tertiary referral center for the management of advanced diabetic retinopathy.

**Retinopathy of Prematurity (ROP) Clinic:** This condition which affects premature infants immediately after birth could be a blinding disease if not detected or left untreated at an early stage. Ophthalmologists trained in the treatment of ROP examine the eyes of premature infants in various neonatal centers in hospitals across the city and also in neighboring districts for early detection of this condition. The Institute provides laser treatment for this particular condition and also surgical expertise for advanced cases.

### TEAM VITREO RETINA AND UVEA

Dr. Shahana Mazumdar | Dr. Prashant Jain | Dr. Priyanka Khandelwal | Dr. Ambarish Toshniwal  
Dr. Vikram Vinayak Koundanya

## NEURO OPHTHALMOLOGY



Neuro Ophthalmology is the subspecialty that deals with disorders of the optic nerve. Common disorders include Optic Neuritis, Ischemic Optic Neuropathies and Traumatic Optic Neuropathy. Diagnosis of these disorders requires electrophysiological tests such as VEP/ERG and EOG.

At ICARE we have state of the art technology and trained doctors to help patients facing these issues.

### TEAM NEURO OPHTHALMOLOGY

Dr. Shahana Muzumdar | Dr. Renu Grover | Dr. Geeta Srinivasan

## PAEDIATRIC OPHTHALMOLOGY



The paediatric ophthalmology and strabismus department treats infants and children upto 16 years of age. The department is well equipped with facilities to manage disorders of vision including refractive errors (need for eye glasses), lazy eye, strabismus (squint/crossed eyes), eye infections, allergies, watering from the eyes due to blocked tear ducts and childhood cataracts and other disorders. The department co-manages disorders like lid-drooping and retinopathy of prematurity with other specialty departments. We also have a fully functional Orthoptic facility with computerized vision therapy to treat eye muscle weakness.

### TEAM PAEDIATRIC OPHTHALMOLOGY AND STRABISMUS

Dr. Geetha Srinivasan  
Dr. Renu Grover

## REFRACTIVE SERVICES



In refractive services department we have a progressive team working diligently to provide freedom from spectacles. We provide Lasik , C -Lasik, ICL, PRK after conducting comprehensive tests to check the eligibility of the patient for a particular procedure. The team is led by Dr. Saurabh Choudhry and has experienced doctors. The department has also trained surgeons for Lasik Procedure. Lasik surgery helps correct vision issues, however reading glasses may still be required with age.

### TEAM REFRACTIVE SERVICES

Dr. Saurabh Choudhry | Dr. Shalini Sharma | Dr. Jyoti Batra | Dr. Metu Rajput | Dr. Hafsa Bashir  
Dr. Ambarish Toshniwal

## VISION THERAPY



Vision therapy is a variety of treatments based around eyes exercises. Vision therapy is like physical therapy for the visual system, including the eyes and the parts of the brain that control vision. It can include the use of lenses & prisms. We at ICARE have trained ophthalmologists who conduct these therapies for improvement in vision, if required. Vision therapy can relieves symptoms and improve outcomes for avariety of vision problems including Amblyopic, Strabismus, Phorias & Eye Movement Disorders.

## OPTOMETRY



# OUR SPECIALISTS



## Dr. Sushil Choudhry

Founder ICARE Eye Hospital  
Managing Trustee Ishwar Charitable Trust



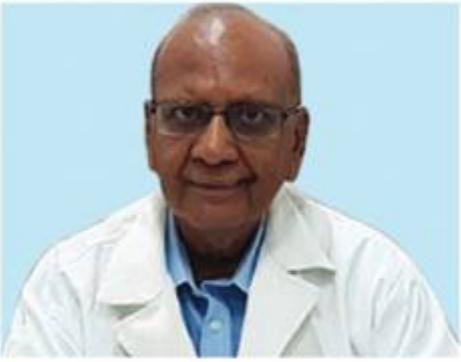
## Dr. Saurabh Choudhry (CEO)

Specialist: Director Cataract and Refractive Services  
Qualification: MD, DO, DNB, SRTF (Sankara Nethralaya), FERC



## Dr. Reena Choudhry (COO & Medical Director)

Specialist: Director Glaucoma Services, Senior Consultant Cataract and Glaucoma  
Qualification: MD, DOMS, DNB, FRCS (Glasgow), SRTF (Sankara Nethralaya), FERC



## Dr. AK Gupta

Specialist: Director Academics & Research  
Qualification: M.B.B.S. 1993 Medical College Amritsar, Punjab University - M.S. (Ophthalmology) 1963 AllIUS, New Delhi.



## Dr. Charu Tandon

Specialist: Senior Consultant, Cataract and Anterior Segment Services  
Qualification: MBBS, MS



## Dr. Shahana Mazumdar

Specialist: Senior Consultant, Vitreo Retina and Uvea  
Qualification: MBBS, MS (Ophtha) DNB, VR Fellowship



## Dr. Uma Sridhar

Specialist: Senior Consultant, Cornea and Cataract Services  
Qualification: MS, DNB, FRCS (Ed) MNAMS, Fellowship Cornea and Anterior Segment – LV Prasad Eye Institute, Hyderabad



## Dr. Geetha Srinivasan

Specialist: Senior Consultant, Paediatric Ophthalmology and Strabismus  
Qualification: MBBS, MS, DNB



## Dr. Shalini Sharma

Specialist: Senior Consultant, Cataract and Refractive Services  
Qualification: MBBS, M.S

# OUR SPECIALISTS



## Dr. Renu Grover

Specialist: Senior Consultant, Paediatric Ophthalmology and Strabismus  
Qualification: MS Ophthalmology, Fellow ESA (Strabismus), Fellow ICO (Paediatric Ophthalmology)



## Dr. Puneet Gupta

Specialist: Senior Consultant, Cataract and Anterior Segment Services  
Qualification: MBBS, DOMS, DNB



## Dr. Rita Hansaria

Specialist: Senior Consultant, Cataract, Glaucoma & Anterior Segment  
Qualification: MBBS, DOMS, DNB



## Dr. Vinayak Bhatia

Specialist: Glaucoma and Anterior Segment Services  
Qualification: MBBS, MS, DNB, PGDMLE



## Dr. Ambarish Toshniwal

Specialist: Senior Consultant - Lasik, Refractive Surgery and Medical Retina services  
Qualification: MBBS, DNB (Sankara Nethralaya) FRCS (UK), PGDHHM



## Dr. Jyoti Batra

Specialist: Consultant, Cataract and Cornea  
Qualification: MBBS, MS (Ophthal), DNB Fellowship in cornea and Microsurgery (AEH)



## Dr. Isha Vatsal

Specialist: Consultant, Cataract, Glaucoma And Anterior Segment  
Qualification: MBBS, MS, Fellowship in Glaucoma and Anterior Segment (AEH)



## Dr. Hafsa Bashir

Specialist: Consultant, Cornea, Cataract and Refractive Services  
Qualification: MBBS, MS, FSCEH



## Dr. Metu Rajput

Specialist: Consultant, Cataract and Refractive Services  
Qualification: MBBS (KGMU, Lucknow), DNB (ICARE Eye Hospital, Noida), Fellowship in Cataract & Refractive Surgery

# OUR SPECIALISTS



## Dr. Prashant Jain

Specialist: Vitreo Retina & Uvea  
Qualification: MBBS, DNB, FELLOWSHIP IN VR



## Dr. Priyanka Khandelwal

Specialist: Consultant, Vitreo Retina and Uvea Surgery  
Qualification: MBBS, DNB (Ophthalmology), FVRS (Fellowship of Vitreo Retinal Surgery)



## Dr. Nupur Goel

Specialist: Consultant, Anterior Segment & Oculoplasty Services  
Qualification: MBBS, MS, FLVPEI (Comprehensive) FLVPEI (Oculoplasty)



## Dr. Shriya Dhar

Specialist: Consultant, Cornea & Anterior Segment Services  
Qualification: MBBS, DNB, FLVPEI, FICO



## Dr. Tanima Bansal

Specialist: Glaucoma and Anterior Segment  
Qualification: MBBS (Gold Medallist), MS, FGSCHEH.



## Dr. Dushyant Kumar Sharma

Specialist: Consultant, Cataract, Anterior Segment and Glaucoma.  
Qualification: MBBS, MS



## Dr. Suman Grover

Specialist: Consultant, Glaucoma & Cataract Services  
Qualification: MBBS, MS Ophthalmology (PGIMER Chandigarh) FRCS (Ophth) (Glasgow)- Part 1 Ex Senior Resident, Glaucoma & Cataract Services, (PGIMER Chandigarh)



## Dr. Yogesh Kumar Sharma

Specialist: Cataract and Anterior Segment  
Qualification: MBBS, DO, DNB, MNAMS, PGDCO, FELLOW (Cataract and Anterior Segment at ICARE Eye Hospital Noida)



## Dr. Vikram Vinayak Koundanya

Specialist: Consultant, Vitreoretina and Uvea Services  
Qualification: MBBS, MS, FICO (London), FMRF (Sankara Nethralaya), MRCS Edinburgh

# OUR SPECIALISTS



## **Dr. Surabhi Shalini**

Specialist: Consultant, Anterior Segment & Oculoplasty Services  
Qualification: MBBS (Ophthalmology), DNB (Ophthalmology), MRCSED, FICO



## **Dr. Saurabh Jain**

Specialist: Consultant, Cataract and Anterior Segment  
Qualification: MBBS, DOMS, DNB



## **Dr. Ritika Gaur**

Specialist: Vitreo Retina & Uvea  
Qualification: MBBS, MS, FICO, FMRF



## **Dr. Sonali Verma**

Specialist: Consultant, Cataract and Anterior Segment  
Qualification: MBBS, MS (Ophthalmology), FVRS

# PUBLICATIONS

## APRIL, 2022 - MARCH, 2023

1	DR. HAFSA BASHIR & DR. UMA SRIDHAR	(NOS) Noida Ophthalmological Society	Panel Discussion
2	DR. NUPUR GOEL	(NOS) Noida Ophthalmological Society	Overcoming Obstacles in Facial Spasms- The Correct OTP (Oculoplasty Ten Pointers)
3	DR. JYOTI BATRA, DR. HAFSA BASHIR	(NOS) Noida Ophthalmological Society	Cladosporium Keratitis in Indian Scenario : A Case Report
4	DR. SHAHANA MAZUMDAR	(NOS) Noida Ophthalmological Society	An Interesting Case of Focal Choroidal Excavation (FCE)

# CLINICAL TRIAL

Clinical trials determine the safety and effectiveness of medications, devices, diagnostic products. These may be used for prevention, treatment, diagnosis or for relieving symptoms of a disease. During the trial, investigators recruit subjects with the predetermined characteristics, administer the treatment(s) and collect data on the subjects' health for a defined time period. These academic medical centers often have their Internal Institutional Review Boards/Ethics Committee that oversee the ethical conduct of medical research. ICARE Eye Hospital & Post Graduate Institute participating in various global clinical trials for ophthalmological indications by experienced investigators and plays a vital role in new drug development globally.

ICARE Eye Hospital & Post Graduate Institute participating in various global clinical trials for ophthalmological indications by experienced Investigators and plays a vital role in new drug development globally.

ICARE Eye Hospital & Post Graduate Institute Ethics Committee has been registered (EC/RENEW/INST/2019/3163) to Drug Controller General of India (DCGI) till June 2024

# RESEARCH



ICARE Eye Hospital and Post Graduate Institute is committed to excellence in Academics and Research. We are a part of different multi-centre studies.

# QUALITY

Quality assurance and accreditation play pivotal roles in healthcare, and their importance cannot be overstated. Standardized procedures and protocols ensure that every patient receives consistent and evidence-based care.

## Hospital's accreditation: NABH

### NABH Accreditation validity: Till 15 March 2025.

At present ICARE is in its 3rd cycle of NABH Accreditation. Reaching the 3rd cycle of NABH accreditation demonstrates that ICARE has consistently maintained and improved its quality standards over the years. It reflects our dedication to ongoing quality enhancement. Each cycle of NABH accreditation sets increasingly stringent standards for healthcare facilities. By successfully completing the 3rd cycle, we have shown our ability to meet and exceed these demanding criteria. It reinforces the trust patients have in our hospital. NABH accreditation often aligns with regulatory requirements. It ensures that ICARE is in compliance with essential healthcare regulations and standards, reducing the risk of legal issues. We regularly assess our quality management systems, engage in continuous improvement initiatives, and keep our staff updated with the latest healthcare practices. It ensures that ICARE not only maintains its accreditation but continues to excel in providing exceptional healthcare services.



# PATIENTS FEEDBACK

ICARE actively seeks feedback from patients to continuously improve care quality and the patient experience. Different modes of capturing patient feedback are used like Patient feedback form, HMIS Software, Google reviews, Social media, Email etc.

In Jan 2023, QR codes for capturing google reviews was implemented. Regular monitoring of these reviews & a prompt response to both positive and negative reviews is done.

ICARE's Google review rating has improved from 3.8 to 4.1 over the last 6 months, and still increasing. This increase reflects our commitment to enhancing the patient experience and the quality of our healthcare services.

- rajiv narain**  
3 reviews  
★★★★★ a month ago

It was a wonderful experience. Everything was explained to us very clearly and the entire staff including the attending Doctor were very courteous and helpful.
- Neha Batra**  
5 reviews  
★★★★★ 4 months ago

Excellent: efficient team from Dr Jyoti Batra( cornea specialist) to Dr Priyanka to Ekta at the doctor reception to Mr Rakesh who did OSA test: professional and patient. One is already uneasy when at hospital, they made one feel safe comfortable: answering questions, polite! No wonder my mother and I come reG to ICARE and recommend to all.

Thank you!  
Warm regards  
Neha Batra

# QUALITY



**Shankha Sinha**

3 reviews



★★★★★ 6 days ago **NEW**

Had visited the hospital for my **LASIK eye surgery** with Dr Hafsa Bashir and it turned out to be the best decision of my life. The doctor, staff and everyone were so caring that the entire surgery felt seamless. Finally I can see from my own eyes after 25 years of wearing glasses..

A special heartfelt thanks to Dr Saurav and Mr. Ravinder.



**Maneesh R. Pherwani**

Local Guide · 198 reviews · 270 photos



★★★★★ 7 months ago

Icare is my go-to place for anything ophthalmology! Let me begin by asking - how many times have you gone to a doctor / hospital and felt that you came back with queries unresolved and doubts that needed to be answered. The answer to this question for most people is almost always!

Additionally, I feel, that "care" in Healthcare, is sorely lacking in India possibly because of the volumes but also because soft skills are not taught in any medical school.

All of these perceptions completely transformed when I went to Icare several times over the past ten years for my septuagenarian parent or for my child or for my personal care.

From the initial billing, to the reception, to the initial eye check up to each one of the doctors, I **AMAZED** at the wonderful patient-centricity and soft- skills / behavior displayed by the staff.

Let's now come to the care-givers - The doctors and the Optometrists. Apart from excellent comprehensive explanations to expert level care, they go the full way to make the patient feel comfortable.

A recent example was of my own where Anuj Singh - an optometrist to whom I (vaguely) explained that I am facing an eyesight issue, painstakingly explained the issue to me after due diagnosis, explained possible solutions and ensured that I had the best possible outcome.

This is one of many interactions I have had at the hospital - the only commonality being - excellence!

Just to give you my background, I myself belong to the healthcare industry and have substantial exposure in dealing with hospitals and healthcare set-ups in my professional capacity and this review is as a patient / patient attendant.

Keep it up Team - Icare!



# QUALITY

## CLINICAL EXCELLENCE

Clinical excellence benefits patients, healthcare providers, and the healthcare system as a whole by ensuring safe, effective and efficient care delivery. ICARE has adopted cutting-edge technologies and participate in research studies, which can result in the discovery of new treatments and therapies.

**Endophthalmitis Rate: 0.02% which is less than the Global prevalence of Endophthalmitis 0.04%-0.15%.**

## STAFF TRAINING AND DEVELOPMENT

New employees receive comprehensive orientation and on boarding to familiarize them with the hospital's policies, procedures, culture, and expectations. Healthcare professionals, including nurses, doctors, and technicians, undergo ongoing clinical training to stay updated on the latest medical advancements, treatment protocols, and best practices. Trainings are focus on providing patient-centered care, emphasizing empathy, active listening, and effective communication with patients and their families. Training in infection control measures and safety protocols is vital, especially in the context of global health concerns like infectious diseases.

**Total Trainings done: 238**  
**Mock Drills conducted: 18**  
**Employee Satisfaction: 85%**  
**New HMIS: Easy Solutions**

The successful implementation of an HMIS: EASY Solutions was done in October 2022. Continuous monitoring and system optimization is done for maximizing the benefits and efficiency of the system in providing high-quality healthcare services.



**December, 2022**  
**Venue: Parking Area Gate No. 2**



**April, 2023**  
**Venue: Parking Area Gate No. 1**



**April, 2023**  
**Venue: Parking Area Gate No. 1**

# TESTIMONIALS



**Lalit lakra**  
5 reviews

★★★★★ 5 days ago **NEW**

Dr charu tondon operated my father who is 90 yrs old for his cataract on right eye my father is very happy and satisfied after surgery he gives thanks and blessing to Dr charu



**Ramesh Kumar**  
6 reviews · 1 photo

★★★★★ 2 days ago **NEW**

Best eye hospital.. I love it



**Tindi Sharma**  
1 review · 1 photo

★★★★★ a day ago **NEW**

We have used I care ever since they started...we find them most helpful and excellent doctors...Lt Gen S N Sharma



**neha bisht**  
2 reviews

★★★★★ 19 hours ago **NEW**

I had my lask operation in the hospital 10 years back and have recommended this hospital to many after that. Dr Shalini Sharma and Abhishek were helpful with all procedure. I still visit the hospital for all regular check ups.



**sandeep kalra**  
2 reviews

★★★★★ 2 days ago **NEW**

Professional Doctors and friendly support staff



**Akhilesh Srivastava**  
5 reviews · 2 photos

★★★★★ a day ago **NEW**

All staff r very courteous n supportive. I prefer this hospital as one of yr staff Mr Sunil Sharma is known to me. He helps me at every step. Doctors r having vast knowledge n experienced and r much cooperative. I thank specially to Dr. Charu Random.



**Hariprasad Pal**  
1 review

★★★★★ 2 days ago **NEW**

Dr rajat is great doctor my first experience is really great she explained very well to the patient



**brjesh singh**  
2 reviews

★★★★★ 3 days ago **NEW**

Smooth process. Doctors and other staffs are very friendly. Over all nice.



**AJ K**  
2 reviews

★★★★★ 2 days ago **NEW**

Overall experience is good. All staff is great. Thanks



**Karishma sharma**  
4 reviews · 1 photo

★★★★★ 3 days ago **NEW**

Its very professional and compassionate team of doctors. Really appreciate the help. Dr. Moha and Dr. Jyoti mam has done a brilliant job in making my eye doctor.



**Surjeet Singh Mankotia**  
1 review

★★★★★ 2 days ago **NEW**

I have been done cataract surgery with doctor hafsa she is such a nice doctor my vision gets improved after cataract surgery everything is excellent dr hafsa she is great surgeon and her supportive staff ms kajal great



**Manoj Nagar**  
2 reviews

★★★★★ 3 days ago **NEW**

We meet with mam for our son's treatment,his eye was badly injured..and our experience with Jyoti mam is very good, her support, consultancy and reply on our queries is wonderful...she is really good doctor with good nature...  
...Thanks Icare team...for excellent support and service..



**shrip agarwal**  
3 reviews

★★★★★ 4 days ago **NEW**

Highly qualified doctors. very neat and clean hospital and staff management



**Vivek Mathur**  
3 reviews

★★★★★ 4 days ago **NEW**

Professional doctors, great staff and nice overall experience



**Anuj Vashisht**  
Local Guide · 44 reviews · 95 photos

★★★★★ 4 days ago **NEW**

Quit impressive. Sound knowledge staff and Dr is amazing..



**Vivek Mathur**  
3 reviews

★★★★★ 4 days ago **NEW**

Professional doctors, great staff and nice overall experience



**Amit Rathor**  
1 review

★★★★★ 3 days ago **NEW**

My mother in law had cataract surgery in I care full support doctor charu tandon vision improve staff is very polite



**Amardeep Kumar**  
2 reviews

★★★★★ 3 days ago **NEW**

I do regular visit to this hospital, and each year experience are great. Special thanks to Dr Sahana Mam



**Rajeev Sharma**  
Local Guide · 49 reviews · 14 photos

★★★★★ 4 days ago **NEW**

I have been visiting icare hospital since last 12 years. Got my father, me, spouse and now my mother treated over here. It's the best hospital for eye treatment over here in Noida and NCR. Recently got ishri for cataract surgery and all went well.



**Surjeet Singh Mankotia**  
1 review

★★★★★ 2 days ago **NEW**

I have been done cataract surgery with doctor hafsa she is such a nice doctor my vision gets improved after cataract surgery everything is excellent dr hafsa she is great surgeon and her supportive staff ms kajal great



**ICARE IS PROUDLY  
ECO-FRIENDLY**



# ICARE Eye Hospital

**Proud to Initiate Eco-friendly Steps**

USED PAPER  
MANAGEMENT



**DECOMPOSTABLE &  
REUSEABLE**

**LOW & EFFICIENT  
UTILISATION OF PAPER**

SEWAGE  
TREATMENT PLANT



**STATE OF  
THE ART**

**WATER RE-USE**

DUAL FUEL GAS  
GENERATOR



**625KVA & 400KVA**

**FUEL EFFICIENT**

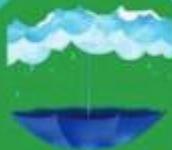
VRV HVAC &  
LED BLUBS



**50%  
CONSUMPTION**

**ENERGY SAVING TECH**

RAIN WATER  
HARVESTING



**75000 LTS.**

**WATER SAVED**

WASTE  
SEGREGATION



**GENERAL &  
BIOMEDICAL WASTE**

**HELPS IN 3R  
(REDUCE, REUSE, RECYCLE)**

UPVC WINDOWS &  
CLAY TILE CLADDING



**CLIMATE  
CONTROL**

**ENERGY SAVING TECH**

**STEPS TOWARDS BEING A "GREEN HOSPITAL"**

# EVENTS

## SWAMI VISHWANANDA, SWAMI SMARANANANDA & SWAMI NISHTHANANDA VISIT (27TH MAY 2022)



## NABH SURVEILLANCE (1ST & 2ND JUNE 2022)



## HANDOVER CEREMONY OF MOBILE EYE CLINIC VAN - ROTARY CLUB, INDIRAPURAM PARIWAR (18TH JUNE 2022)



## EVENTS

**MANGOES DISTRIBUTION (ALL VOLUNTEERS, DONORS, HOUSEKEEPING, SECURITY & ALL STAFF INCLUDING PATIENTS OF WARD/CHARITY WERE GIVEN MANGOES) (9TH JULY 2022)**



**INAUGURATION OF "MOBILE VAN" UNDER RAAHI TRUCKERS EYE HEALTH PROGRAMME (15TH JULY 2022)**



**DR. SUSHIL CHOUDHARY'S 81ST BIRTHDAY CELEBRATION (21ST JULY 2022)**



# EVENTS

## INDEPENDENCE DAY CELEBRATION (14TH AUG 2022)



## DR. SUSHIL CHOUDHRY INVITED AS CHIEF GUEST AT RAMJAS PRIMARY SCHOOL, DELHI (15TH AUG 2022)



## 37TH EYE DONATION FORTNIGHT (7TH SEPT 2022)



# EVENTS

## OPTOMETRIST DR ANJULA KUMARI RECEIVING HER PHD DEGREE CERTIFICATE



## WORLD SIGHT DAY - RETINOPATHY OF PREMATURITY COVERAGE ON ABP LIVE (12TH OCT 2022)



## SUCCESS OF SKRM (10TH FEB 2023)



# EVENTS

## CME-OCULOPLASTY FOR GENERAL OPHTHALMOLOGY (ORGANIZER-ALCON) (5TH MARCH 2023)



## TRAINING PROGRAMMES (19TH MARCH 2023)



## CONTOURA VISION LAUNCH (22ND/23RD MARCH 2023)



# EVENTS

## Special Thanks to ICICI Bank Ltd and ICICI Foundation for donating medical equipments for retina investigation

We express our heartfelt thanks to ICICI Bank Ltd and ICICI Foundation for donating the medical equipment for the retina investigation that will greatly help us to treat needy patients suffering from Retinal Blindness.

The project was inaugurated on 17th February, 2023, at ICARE Eye Hospital & Postgraduate Institute (unit of Ishwar Charitable Trust) Noida, Uttar Pradesh. The project cost of Rs. 1,31,49,830/- with 17 important equipment has been handed over for the underprivileged patients of Ishwar Charitable Trust, Noida.

Chief Guest: Mr. Anuj Agarwal, COO (ICICI Foundation)

**Other special guests:** Mr. Sanjay Chaudhari (Zonal Head – Northwest, ICICI Foundation) Mr. Shantanu Sammadar (City Head, ICICI Bank, other ICICI Bank and ICICI Foundation officials) Dr. Sushil Choudhry (Managing Trustee, Ishwar Charitable Trust) Dr. Saurabh Choudhry (CEO of ICARE Eye Hospital) and other representatives of ICARE Eye Hospital, Noida.



# EVENTS

## MEDICAL EQUIPMENTS DONATED BY JAPAN EMBASSY

The inauguration ceremony for “The Project for Provision of Eye Medical Equipment for the Rural Underprivileged People, Noida, Uttar Pradesh” under Japan’s Grant Assistance for Grassroots Projects (GGP), was held on 19th April, 2022, at ICARE Eye Hospital & Postgraduate Institute (unit of Ishwar Charitable Trust) Noida, Uttar Pradesh. The project cost of Rs. 50,30,125/- for the equipment Sterrad 100S (Plasma Steriliser) from Johnson and Johnson and Carl Zeiss Classic Slit Lamp SL 115 with Applanation Tronometer has been handed over from the Government of Japan for the underprivileged patients of ICARE Eye Hospital, Noida.

**Chief Guest:** Minister Mr. Shingo Miyamoto, Economic and Development, Embassy of Japan in India.

**Special guests:** Mr. Ryuhei Nishi (First Secretary, Embassy of Japan in India), Ms. Babita (Project Coordinator - GGP), Ms. Yuka Aota (Economic Cooperation Assistant) and Dr. Sushil Choudhry (Managing Trustee, Ishwar Charitable Trust).





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MRS. SUNITA GROVER	MS. AISHWARYA NAGESHWAR	MS.SUDESH GULATI
MRS. SUNITA LADHA	MS. AMITA KAPUR	WG. CDR. HEMANT KUMAR
MRS. SUREKHA BHARGAVA	MS. ANJANA BISHT	WG. CDR. L. C. MAHAJAN
MRS. SUSHILA MANGAL	MS. ANSHIKA CHATURVEDI	WG. CDR. R. K. SHUKLA
MRS. SUSHMA MAHAJAN	MS. APARANA KUMAR	WG. CDR. SUBHASH CHANDER MULLICK
MRS. SWATI KASHYAP SINGH	MS. ARUNA JAIN	WG. CMDR. MANJUL KUMAR PANT
MRS. USHA GOEL	MS. CHHAVI LAHOTI	WG. CODR. K. L. MEHRA
MRS. USHA SONI	MS. DEEPJYOT SINGH BAJAJ	
MRS. USHA THAPAR	MS. DIKSHA GOYAL	
MRS. USHA WIDGE	MS. ISHI YADAV	
MRS. VASANTHI SRINIVASAN	MS. ITI NIDHI BAHUGUNA	
MRS. VEENA ANDLEY	MS. MEKHLA ANAND	
MRS. VEENA BANSAL	MS. MONIKA KHETARPAL	
MRS. VEENA BHASIN	MS. NEETA PREM	
MRS. VEENA NAGPAL	MS. NIDHI LAHOTI	
MRS. VIJAY KHAN	MS. PRACHI GUPTA	
MRS. VINITA SETH	MS. PRATIBHA KUMAR	
MRS. VRINDA KHURANA	MS. PRERNA ARUN	
MS .PRATIMA TANDON	MS. RADHIKA SAHNI	
MS ASHNA JAIN	MS. RAM LUBHAI MALHOTRA	
MS JYOTI BALYAN	MS. RANI GARG	
MS KASHIKA KANSAL	MS. RENU ARORA	
MS KIYA PUSHPA SHARMA	MS. RITA	
MS KRITIKA KAPOOR	MS. ROHINI VASUDEV	
MS MANYA GOYAL	MS. SANTOSH AGRAWAL	
MS SONAL PODDAR	MS. SHISHU SETH	
MS SONIYA PODDAR	MS. SONIA SINGH	
MS SUJATA DEWAN	MS. SRAVYA GADAMSETTY	
MS SURJEET KAUR	MS. SRISHTI WAKHLOO	
MS. AADYA JAIN	MS. SWATI JAIN	
MS. AARNA VIJ	MS. TRIPTI SRIVASTAVA	
MS. ABHA HARI	MS. UPASNA GOSWAMI	

# BASEMENT RENOVATION

## UPGRADED RETINA & PAEDIATRIC DEPARTMENTS



# BALANCE SHEET

**ISHWAR CHARITABLE TRUST**  
(Registered Office : C-57, Basement Defence Colony, New Delhi -110024)  
(Principal Working Place : E - 3A, Sector - 26, Noida - 201301)  
**BALANCE SHEET AS AT 31ST MARCH, 2023**

(All amounts in INR)

Particulars	Schedule No.	As At 31.03.2023	As At 31.03.2022
<b>I. SOURCES OF FUNDS</b>			
<b>1. CAPITAL FUND (INCLUDING GENERAL RESERVE)</b>	<b>1</b>	826,274,186	629,763,779
<b>2. CORPUS FUND</b>	<b>2</b>	23,741,892	18,000,000
<b>3. LOAN AND BORROWINGS</b>			
(a) Secured Loans	<b>3</b>	-	1,875,000
<b>4. CURRENT LIABILITIES &amp; PROVISIONS</b>			
(a) Sundry Creditors	<b>4</b>	52,883,782	53,412,484
(b) Other Payables			
(i) Expenses Payable	<b>5</b>	10,215,030	14,152,833
(ii) Others Current Liabilities	<b>6</b>	4,646,138	5,025,271
(c) Provisions			
(i) Long Term Provisions	<b>7</b>	11,866,527	10,682,942
(ii) Short Term Provisions	<b>8</b>	1,348,209	1,348,209
<b>TOTAL</b>		<b>930,975,763</b>	<b>734,260,518</b>
<b>II. APPLICATION OF FUNDS</b>			
<b>1. FIXED ASSETS</b>			
Gross Block (including Capital WIP)	<b>9</b>	676,996,953	569,215,010
Less: Depreciation		329,032,466	289,110,377
<b>Net Block</b>		<b>347,964,487</b>	<b>280,104,634</b>
<b>2. INVESTMENT KEPT IN MODES SPECIFIED U/S 11(5)</b>	<b>10</b>		
(a) Corpus Donation		2,041,893	18,000,000
(b) Other from Own Fund		234,000,000	78,000,000
<b>3. INVESTMENTS KEPT IN MODES OTHER THAN SPECIFIED U/S 11(5)</b>	<b>11</b>	146,427,821	170,234,822
(a) Non Current Investments			
<b>4. CURRENT ASSETS &amp; LOANS AND ADVANCES</b>			
(a) Closing Stock of Consumable, Medicine, IOL & Spectacles	<b>12</b>	17,258,120	24,004,893
(b) Sundry Debtors	<b>13</b>	42,496,101	40,925,903
(c) Cash and Bank Balance			
(i) Balance with Banks	<b>14</b>	68,941,565	65,126,081
(ii) Cash in Hand	<b>15</b>	643,667	932,194
(d) Advance Recoverable in Cash or in Kind or for value to be received	<b>16</b>	71,202,109	56,931,992
<b>TOTAL</b>		<b>930,975,763</b>	<b>734,260,518</b>

As per Our Report of Even Date Attached.

Schedules, Significant Accounting Policies and Notes on Financial Statements form an integral part of these Financial Statements.

For Adarsh Sharma & Co.  
Chartered Accountants



Adarsh Sharma  
Proprietor  
Membership No. 082527  
FRN.017661N

For Ishwar Charitable Trust



Dr. Sushil Choudhry  
Managing Trustee



Dr. Saurabh Choudhry  
Trustee

Place : New Delhi

Date : 18-09-2023

UDIN!- 23082527BGZDCU9484



# YOU CAN SUPPORT US



## CSR Projects

Mrs. Sushila Joshi, General Manager: 9811408953 / E-mail : [admin@icarehospital.org](mailto:admin@icarehospital.org)

Cash / Cheque / DD - In favor of "Ishwar Charitable Trust" to be sent along with address and PAN.  
Ms. Nidhi Takyar, Executive: 9999101014 / E-mail : [donation@icarehospital.org](mailto:donation@icarehospital.org)

Net Banking - Account Holders Name: ISHWAR CHARITABLE TRUST  
Bank Account Number: 50100069093743 / Bank: HDFC Bank Ltd. Plot No. 118, Block D, Sector-26,  
Noida, Uttar Pradesh -201301 / Branch Code: 651 / Account Type: Saving Account  
IFSC Code: HDFC0000651 / SWIFT CODE: HDFCINBB / MICR Number: 110240112

Trust Registration No.5524 | PAN : AAATI0312B | FCRA No. 231650416  
10 (23C) – AAATI0312BD20214 dated 23-09-2021  
80G – AAATI0312BF20210 dated 01-10-2021



### ICARE Eye Hospital & Postgraduate Institute- Unit of Ishwar Charitable Trust

Address : E3A, Sector-26, Noida – 201301, UP | Tel. : +91 - 120 - 3586666/600/615/616

Fax : +91-120-25576389 | Website : [www.icarecharitabletrust.org](http://www.icarecharitabletrust.org)

Indian Donors are eligible for 50% tax exemption under 80G of Income Tax Act 1961



### ICARE Charitable Foundation

Address : ASPIRA of New York, Inc: 630 Ninth Avenue, Suite 302, New York, NY 10036

Contact : Mr. Sunil Anand | E-mail: [sanand@nyaspira.org](mailto:sanand@nyaspira.org) | Website : [www.aspirany.org](http://www.aspirany.org)

US Donors are eligible for 40% tax exemption under 501 (C)(3) of the Internal Revenue Code  
and exempted from Estate Duty EIN : 27-5399354



### Ishwar Charitable Foundation : Registration No. 1177561

Address : 8, Woodside Road, New Malden, Surrey KT3 3AH, UK

Contact : Prof. Sanjeev Krishna | E-mail: [sgjf100@sgul.ac.uk](mailto:sgjf100@sgul.ac.uk)

UK Donors are eligible for 40% tax exemption